One Lone Courageous Doctor

Curing Strangled Voices (SD) Spasmodic Dysphonia

vs

The New York Times and
The Entire Medical Establishment
Guaranteeing No Cures

Part 1

The Medical Mystery Solved by a Doctor's Natural Voice
Treatment: Direct Voice Rehabilitation

F.D.A. Orders Warning Label for Botox and Rivals

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One Lone Courageous Doctor Curing Strangled Voices (SD) Spasmodic Dysphonia vs *The New York Times* and The Entire Medical Establishment Guaranteeing No Cures Part 1.

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Introduction

"All the News That's Fit to Print." It's a wonderful slogan, and has graced page one of *The New York Times* ever since the late Nineteenth Century. In the days of New York's newspaper wars and the resulting rise of yellow journalism, the slogan meant that *The Times* would not play up sordid stories of lust and murder, would not cater to the prurient interests of people. The New York City described in the pages of *The Times* was often quite different from the New York City chronicled by the tabloids. For good reason the paper became known as the Gray Lady of Times Square.

But, as *The Times* evolved into not just the dominant paper in the New York metropolitan area but also America's newspaper of record, the slogan came to suggest that one of the paper's goals is to print comprehensive and balanced reports on all important topics of general interest. I think most journalism experts would agree with me on two points. First, as a practical matter it is impossible for any single newspaper, even one with the lofty ideals and substantial resources of *The Times*, to achieve this goal. Second, nonetheless *The Times* has come closer to this goal than any other newspaper in the country, and for this deserves the admiration of its competitors and the gratitude of its readers.

However, as we will see, sometimes all the news that's fit to print doesn't get printed, and that fact was one of the reasons I wrote this book. Back on March 11, 1992, *The Times* ran a column by Jane E. Brody, the paper's highly esteemed (and rightly so) health reporter. In that column she wrote that the only effective treatments for spasmodic dysphonia (SD) — "strangled voice" — are surgery or Botox injections. While it is true that many surgeons and physicians at the time maintained this view — after all, they were the people doing the surgery or giving the Botox injections — the fact is that there are no documented cases of either medical therapy or a single cure ever. However, there are many documented cases of an entirely different approach resulting in permanent cures by my different approach called Direct Voice Rehabilitation (DVR). I developed DVR (forty-five years ago) when I was associated with the Medical Center at the University of California, Los Angeles. Later, in 1973, I published a textbook, *Modern Techniques of Voice Rehabilitation*, that described my cure for spasmodic dysphonia.

In 1980, I reported a series of documented cures of SD in the prestigious *International Association of Logopedics and Phoniatry* (*IALP*). The report was peer-reviewed. I also followed up SD cases I referred to Dr. Dedo, the surgeon for SD to realize the negative surgery outcomes in all too many cases. In 1994, the American Speech-Language and Hearing Association (ASHA) wrote that 2/3's of those doing that surgery were 2/3's worse off than before. I had also reported cures of SD at ASHA conventions in 1974, 1979, 1980, and 2000.

It's understandable, then, why I was disturbed that Ms. Brody's column omitted any mention at all of the cures I had achieved. After all, *The Times* is read in disproportionate numbers by physicians and other healthcare professionals, who were being told that two treatments for spasmodic dysphonia were effective when, in fact, I knew they were not. Moreover, the one treatment that was curative was omitted from her report.

Well, thought I, a succinct but fact-filled letter to the editor would result in a follow-up column about Direct Voice Rehabilitation. So within a few days I sent it off, along with a copy of *Modern Techniques of Voice Rehabilitation* and a printout of my peer-reviewed paper published in 1980 in *The Proceedings of the 18th Congress of the International Association of Logopedics & Phoniatrics*, in which I described cures for SD. I also cited my two consumer-oriented books (*Change Your Voice, Change Your Life* and *Winning with Your Voice*). I provided the names of the ENT doctors and the SD patients cured of SD to Ms. Brody. A simple phone call would lead Ms. Brody to other sources, and she would have a second column that would correct the dangerous misconceptions about surgery and Botox injections, and document that effectiveness of Direct Voice Rehabilitation.

It was not to be. Over the next dozen years I pursued the matter in a series of letters to *The Times* — to not only Ms. Brody but the editor, publisher and several others — all to no avail. The few responses I received were polite but vague, saying only that when the paper next writes about the subject it will keep me in mind.

Meanwhile, some important developments have occurred with respect to both surgery and Botox. According to the editor of the *Journal of Voice*, Robert Sataloff, M.D., the surgical procedure that Ms. Brody wrote about in her column has been relegated to the dustbin of medical history. As for Botox — it sounds like it could describe a cuddly stuffed animal or a tasty candy but it's the trademarked name for botulinum toxin (Bo for botulinum, tox for toxin), which is the world's most deadliest poison. The physician who was Ms. Brody's source of information later joined the maker of Botox, Allergan Inc., as a top executive.

I am not surprised that the surgery pioneered by Dr. Herbert Dedo has all but disappeared as a treatment for spasmodic dysphonia. Unfortunately, in its place another surgical procedure has emerged, one that has left some spasmodic dysphonia patients with a permanently impaired voice or even no voice at all. I will not be surprised when Botox injections are discarded, although the economic argument in their favor are substantial: four to ten treatments or more a year at up to $4,000 each — for each and every year after year . . . for life! The simple fact is this: spasmodic dysphonia is not caused by a neurological affliction, so cutting or deadening nerves by surgery or toxic injections will not cure the problem. Medicine has not and does not report a single cure of SD ever. SD is not a result of acid reflux, allergies, or infections, as is medically believed. Nor is it a psychological problem; there are no reported cures in the annals of psychiatry since the syndrome was first identified more than one hundred and thirty-five years ago, in 1871 by Traube, who called it "nervous hoarseness," which became known as spastic or spasmodic dysphonia (SD) in today's medical terminology.

I have found that spasmodic dysphonia is due to the misuse of the voice, not by any neurological or medical condition. I have also clinically determined that SD develops psychological undertones because of the severity of the disorder itself but is not caused by per se psychological issues.

DVR is the only approach in the world that reports cures of SD. Please bear in mind that there cannot be cures unless causes are known, and I believe I have persuasively demonstrated that I have correctly identified the root cause. DVR essentially requires a month of intensive therapy and follow up sessions. It's not easy, but it can work and does work. [See testimonials at www.voice-doctor.com]

Over the years I have achieved a very high success rate with people suffering from impaired voices. These recoveries included many people who earn their living with their voices, including clergymen, entertainers, teachers and sales people. Take, for example, the experience of Ronald, a high-ranking executive with Herbalife. He was diagnosed and treated for his Spasmodic Dysphonia at the Mayo Clinic for one and one-half years, taking five Botox shots, without success. Finally, on the brink of losing his job because of his SD, he told his doctor at Mayo that he was terminating treatment there. The doctor spun through his Rolodex file cards, stopped at my name, and said, "Go see Dr. Morton Cooper." After Direct Voice Rehabilitation Ron was cured of his SD.

Consider also these testimonials, all from people suffering from SD.

> Schoolteacher
>
> *Just wanted to let you know how well my voice is holding up in my classroom, in restaurants, on the telephone, in cars, noisy places, and at home with my husband. I knew you could perform miracles when you cured my laryngitis (polyps) in three months by Direct Voice Rehabilitation when I first came to you in 1970, referred by my ear-nose-throat doctor, who has since retired.*

When I couldn’t find you in April 1985, during the onset of my spasmodic dsyphonia, I went to another ear-nosed-throat doctor. When I asked him where you were, he answered, “Oh, he’s around.” But he did not offer me your phone number. He treated me with antibiotics and referred me to his voice therapist, who told me that many people with spasmodic dysphonia get discouraged and go in for surgery. That really scared me.

Fortunately for me, I did find you and will be forever grateful to you for your expertise in curing my spasmodic dysphonia. Now, I am back teaching again, and I am delighted.

Zelda

Another cure:

My voice continues to be strong and firm, after nearly twenty years! It seems almost like a dream, those nine long years of strangled speaking. I’m so glad they’re behind me.

I hope others continue to discover you and get the help they need. I hear from various spastic dysphonics from around the country and direct them to you. Whether they follow through or not, I don’t know. For their sake, I hope they do!

A simple case of the flu set off a condition that became an extremely life-altering situation. What seemed like simple laryngitis just did not go away. I was seen by nine doctors, took speech therapy, was put on a limited diet, given two antibiotics, three allergy medications, a stomach medication, an antidepressant, various inhalers, and Prednisone, but nothing had any lasting effect.

Finally, I went to see two doctors at the UCLA Medical Center. They decided I had spasmodic dysphonia. One said my SD was different from most because both the abductor and adductor muscles were affected. He referred me to Dr. Morton Cooper. The simplicity of his treatment is the hardest part to believe, especially since there is supposed to be no cure for SD.

Now, fourteen years later, my voice remains excellent. I truly thank the Lord for Dr. Cooper and would recommend him to anyone who might have spasmodic dsyphonia.

Gayle Pace

Because of laryngitis and vocal misuse, my vocal chords gradually became weak in such a way that I could hardly speak. I consulted a cousin who, as a medical pathologist, was doing research at Rutgers. She said that I should first see Dr. F. and, if his treatment was not effective, to go to Los Angeles to see Dr. L.

I went to see Dr. L. who diagnosed my problem as spastic dysphonia and after extensive examinations referred me to Dr. Morton Cooper. I saw Dr. Cooper twice a week and, after a few months, regained my natural voice and also my career — thanks to Dr. Cooper and his rehabilitation program.

University Professor

When I was being critiqued after some scene work, I mentioned that I was having trouble with my voice. One of the students recommended that I see Dr. Morton Cooper. Dr. Cooper told me that my voice was coming from the throat and that I was using shallow breathing. He simply taught me how to breathe from the

> *diaphragm and to raise my voice up into the face mask area.*
>
> *I later attended the Royal Academy of Dramatic Art in London, where I was again taught this very same method. Personally, I think it is criminal to offer an operation as an alternative to this straightforward treatment for spastic dysphonia. In Dr. Cooper's office I met several people who had this operation and they were absolutely no better for it.*
>
> *Dr. Cooper is practicing vocal rehabilitation in a very effective way. His treatment works, and can be backed up by any legitimate voice coach.*
>
> *Lisa*

With documented results such as these, I will leave it to others to discern a motive for the medical community's indifference, and often outright opposition, to Direct Vocal Rehabilitation. But common sense tells us that any non-invasive therapy with a record of success is far preferable to unproved methods that involve either a sharp knife or a deadly poison.

Morton Cooper, Ph.D.

F.D.A. Orders Warning Label for Botox and Rivals

By Natasha Singer

May 1, 2009, *New York Times*, Business Section, Page B2, excerpts.

Botox and other similar anti-wrinkle drugs must now carry the most stringent kind of warning label, the Food and Drug Administration said Thursday.

The F.D.A. issued that order the day after the agency approved a new drug, Dysport, that is expected to be the first real challenger to Botox in the United States. Like Botox, Dysport is an injectable drug derived from the paralytic agent botulinum toxin.

The F.D.A. said such drugs must carry warning labels explaining that the material has the potential to spread from the injection site to distant parts of the body—with the risk of serious difficulties, like problems with swallowing or breathing.

Requiring a drug to carry a box with bold-face risk information—is one of the stronger safety actions the F.D.A. can take. Black boxes are typically reserved for medications known to have serious or life-threatening risks. Antidepressants, for example, carry black boxes warning of the increased danger of suicidal thought and actions.

The F.D.A. said it would also require makers of injectable toxins to send doctors letters warning of their risks and to produce a medication guide to be given to patients at the time of injection.

So Botox Isn’t Just Skin Deep

By Natasha Singer

April 12, 2009*, New York Times, Business Section, Page 1 & 10, (excerpt from page 10)*

Of treating Stuttering with Botox, Dr. Mitchell Brin, the Vice-President of Development for Allergan the Botox drug maker says, “Stuttering is too complicated…it didn’t pan out.”

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"I'm a fan of your work, and I've heard great things about you."– Roger Ailes,
Chairman & CEO Fox News Network
says of Dr. Morton Cooper

Dear Colleague:

As you may be aware, I have demonstrated for many years that my exclusive non-invasive technique called Direct Voice Rehabilitation (DVR) can achieve dramatic results with spasmodic dysphonia (SD). This includes not only improvement or recovery but also cures. I'm writing to bring these results to your attention in the hope that you may find this information useful in your own practice as an alternative to invasive approaches.

Current medical treatment for spasmodic dysphonia focuses on two invasive options: Botox injections or surgery. The research literature has reported mixed results with surgery, and concerns about long-term use of Botox are increasing. Mitchell S. Brin, M.D., one of the pioneers in the use of Botox for SD, suggested at a conference on SD in March 1991 that this treatment should be withdrawn at the earliest possible time in favor of another substance. Serious negative side effects following the use of Botox have been reported by patients. Gerald Berke, M.D., chairman of the UCLA Head and Neck Division, commented in the December 1999 newsletter of the National Spasmodic Dysphonia Association that there are a number of "obvious drawbacks" to Botox: "It requires lifelong visits from 4 to 10 times per year for repeat injections. The injections are not inexpensive. The interval between post injection breathiness, good voice, and the return of symptoms may not be very long in some patients. Hypersensitivity and antibody formation have been shown to produce some long term structural changes in muscle cells."

Direct Voice Rehabilitation, by contrast, causes no harm. It combines proven techniques of voice rehabilitation in a new way that, with committed patients, produces lasting cures. The results I have achieved have been with patients diagnosed with SD by many of the leading laryngologists in the country. Many of my patients over the years have been diagnosed with SD by laryngologists who are listed below at the UCLA Medical Center, where I once served on the staff and faculty of the Head and Neck Division. Examples from UCLA include the following:

- Gerald Berke, M.D. diagnosed several patients with SD who were cured after pursuing DVR with me. (Names of all patients are with consent.) He referred Gayle Pace who he had diagnosed with severe Adductor/Abductor SD. I referred her back to him within a month with a normal voice. Ms. Pace remains cured 14 years after treatment. The Reverend Henry Sellers was diagnosed with SD by Daniel Truong, M.D. and given a Botox shot that was ineffective. The Reverend Sellers tried UCLA Medical Center and Dr. Berke referred him to my private practice. The Reverend Sellers remains cured after more than five years despite the complications of Parkinson's disease. Dr. Berke diagnosed another patient with SD, Robin, who opted for DVR and has been cured for four years. Another patient he diagnosed with SD, Denise, was 95% better after a short time with my DVR program.
- Paul Ward, M.D., a former Chairman of the Head and Neck Division at UCLA Medical Center, diagnosed Marjorie Whitman with SD so severe that he recommended surgery. Ms. Whitman declined. She tried my DVR program. I referred her back to Dr. Ward with a normal voice. She remains cured of SD for years.
- Ed Kantor, M.D., who is also affiliated with the Cedars-Sinai ENT Division, diagnosed Lisa and Don with SD. Lisa was cured of SD after working with me 25 years ago, and Don has been cured for 15 years.
- Robert Feder, M.D. diagnosed Ms. Z with SD and advised surgery. She was referred to me and has been cured of SD for over 20 years.
- Hans Von Leden, M.D., now affiliated with USC, then UCLA, diagnosed SD and referred Dr. T. who has been cured for over 30 years. He also referred a second patient diagnosed with SD who has been cured for years.
- The late Henry J. Rubin, M.D., who was affiliated with Cedars-Sinai as well as UCLA, referred four patients he diagnosed with SD, all cured by DVR over a period of years.
- In perhaps the most telling referral from the UCLA's Head and Neck Division, one of its laryngologists referred his wife to me for treatment of her SD because he preferred my non-invasive treatment. She regained a normal voice through DVR.

With these 15 dramatic cures involving the UCLA Medical Center alone and since SD is ostensibly incurable, some have asked, "Did these patients really have SD?" I can only say that the renowned laryngologists at UCLA, "the Best in the West," diagnosed the SD patients that I treated in my private practice.

These examples can be multiplied by my cures of many other patients diagnosed with severe SD at other leading medical centers including USC, Cedars-Sinai, Scripps, Mayo Clinic, Vanderbilt Medical Center, University of Michigan, University of California San Francisco, and other facilities. I have helped post-Botox and post-surgery SD patients to achieve cures by DVR.

- Arnold Aronson, Ph.D. of the Mayo Clinic, for example, diagnosed The Reverend James Johnson with severe SD. The Reverend Johnson recovered a normal voice after he pursued a one-month program of DVR rather than undergoing the recommended surgery. He has remained cured for 20 years. Dr. Aronson confirms the cure.
- Ron was diagnosed with SD at the Mayo Clinic and treated elsewhere with five Botox shots, all ineffective. Ron is cured from SD by my DVR program.
- Over three years ago, the Scripps ENT Clinic in La Jolla diagnosed Ginger, a young lady in her 20’s with Spasmodic Dysphonia. She was told that her condition was hopeless and that she required lifelong series of Botox shots. My program of DVR gave Ginger a normal effective voice and she has remained cured of her SD.
- Dr. Hess, an emergency room medical doctor was diagnosed with severe SD by her laryngologist. He referred her to me. She underwent a program of intensive DVR and remains cured of SD for four years.
- Identical twins were diagnosed with SD at a well-known medical center, one with Abductor and Adductor SD and the other with Adductor SD. They were told SD was due to genes and was incurable. Both tried Botox. Both underwent my intensive DVR program and were successful in finding excellent voices.
- Kim was diagnosed with Adductor/Abductor SD by Dr. Norman Hogikyan at the University of Michigan. Botox shots were ineffective. She tried a month of intensive DVR and has been cured of SD for over 6 years.

Dr. Rubin, whom I mentioned above, was a participant in two workshops at Cedars-Sinai Medical Hospital in 1982 and 1990 at which I presented patients with confirmed severe SD who told of recovering their voices through DVR. Dr. Rubin said, “We know you are the only one successful by speech therapy. Why?” I replied, “I do not do speech therapy; I do Direct Voice Rehabilitation.” Dr. Rubin provided this testimonial:

> In the fifteen years immediately preceding my retirement from the active practice of otolaryngology, I have referred my patients in need of voice rehabilitation to Dr. Cooper because his results proved to be the most consistently satisfactory. His methods seemed essentially quite simple, in fact to the point of sometimes challenging believability, but they worked. He explains these methods in his book (*Modern Techniques of Vocal Rehabilitation*), and I believe that any voice therapist who gives them a serious and unbiased trial will be agreeably surprised.

Other authorized testimonials about my voice rehabilitation techniques include those from the late Lee Edward Travis, Ph.D., one of the founders and a past president of the American Speech-Hearing-Language Association ("He's the best in the business"); Robert H. Rand, M.D., professor of neurological surgery, UCLA Medical Center ("I found him to be really excellent"); and the late Joel J. Pressman, M.D., former chairman of the Head and Neck Division, UCLA Medical Center ("Dr. Cooper is the best speech pathologist I know").

Jack Pressman is my hero. It was his strong support and total commitment to success that allowed me to develop DVR. He told me, "Bring me success, not theories." I did. Without Jack Pressman, I would not have been able to find cures for spasmodic dysphonia, unilateral cord paralysis, and other voice problems through all-natural DVR, which I have reported in peer-reviewed publications. I owe my career to Jack Pressman, and the privilege of being part of his medical team.

I am grateful to my celebrity patients and others for their permission to release their names and to the ENT doctors who have availed themselves of my services to assist their SD patients by DVR. Henry Fonda, Shadoe Stevens and Keith Erikson all were diagnosed with SD and cured by my DVR program. Mr. Fonda went on to star in On Golden Pond, for which he won an Oscar.

I believe that any patient who has been diagnosed with spasmodic dysphonia, suspected SD or any other voice disorder should be told of Direct Voice Rehabilitation. DVR is a way to achieve a cure, recovery or improvement, especially since DVR is non-invasive, and dramatic results may be observed after a brief period of treatment. SD is curable by DVR. The SD patients have medical and hospital records indicating they have neurologically diagnosed SD.

I have been in full-time private practice for 35 years, and have presented lasting cures of severe SD at the Pacific Voice Conference in 1998, at California Speech-Language-Hearing Association Conferences, and at American Speech-Language-Hearing Association National Conferences in 1974, 1979, 1980, and 2000. In 1979, I received a Certificate of Appreciation "In recognition of a significant contribution to the American Speech-Language-Hearing Association and to the Profession of Speech Pathology and Audiology."

I have written books and chapters for professional handbooks and have published in medical/scientific journals on voice disorders. I also published an account of my cures and recoveries from SD in a peer-reviewed report in the *International Association of Logopedics and Phoniatrics* in 1980.

A chapter from my latest book*, Curing Hopeless Voices, The Strangled Voice (Spasmodic Dysphonia) & Other Voice Problems with Direct Voice Rehabilitation, An Alternative to Botox (*©2006), as well as chapters from my book *Stop Committing Voice Suicide* on SD and other troubled voices are on my web site, as are articles on SD and DVR as well as testimonials. For those interested in the cures and recoveries of SD by DVR, an audio and a video of my SD patients before and after DVR are available. I invite you to listen to the voices of cured SD patients before and after DVR on my website: www.voice-doctor.com. I also have a new DVD and VHS tape of cures of SD.

This letter is intended to provide meaningful information for educated judgment regarding the treatment of spasmodic dysphonia and other troubled voices through Direct Voice Rehabilitation. I welcome your views and comments.

Cordially yours,

Morton Cooper, Ph.D.

P.S. I was invited back to the University of California October 18, 2008, reporting cures of Spasmodic Dysphonia with additional cures by Direct Voice Rehabilitation.

Notes About The Author

*Dr. Cooper's comments to himself.

August 26, 2005

I grew up on the streets of NY City, in the Bronx, in a poor section of the borough.
When my father died, I was eight years old.
The Rabbi told me, when I asked, "why?" "Because, God willed it."
"Could I talk with God?" I asked.
"No," he answered, "nobody talks with God."
My father was proud of being a Jew. My grandfather came from Odessa, Russia to escape the Czar and the Pogroms. I was ten when I asked him grandfather, "Why did you come to America," and he said, "because of the Pogroms."
I corrected him, saying, "You mean programs, grandfather?"
No, he answered, Pogroms.

I did not talk in class growing up. I had nothing to say. I found school excruciatingly boring. The class went as slow as the slowest in the class.
I went to DeWitt Clinton high school. I made myself invisible in class.
I listened and said nothing.
I saw what happened to those who spoke up.
Three of my pals told our home class teacher, 'we want to take the college entrance exams" and she signed them up.
"Maudy is going too," they said.
"He is mentally retarded," she said without malice.
She signed me up because my pals said, "I had the legal right to take the exams."
They went but didn't take the exams.
They just wanted the days off.

I took the exams to Brooklyn College and City College.
I passed both, and tried City College, left it because I had no idea of accounting, in the 23rd Street City College.
I went to Brooklyn College.
It gave me a liberal education, and the chance to engage my mind and find the world.
I volunteered for the service when I graduated from BC.
I graduated second of a large number in the signal corps at Camp Gordon, GA.
I was FBI cleared and went to the Pentagon.
I was found to have ears to hear code beyond anyone's belief.
I returned home having served in Europe at the American Forces Network.
I got a Teaching Assistantship (TA) grant from Indiana University.
I was interested in voice use because I was suffering a bad voice that made me see twelve MDs, and four speech therapists.
I was thought to be strange. I complained about my voice. It hurt to talk, and my voice ached. I had seen ENTs in the service, and they were no help.
I took a course in laryngeal anatomy and got an A. It didn't help my voice. I applied for a scholarship to Stanford, and within two weeks, was given one.
At Stanford, a high official in the admissions office met with me.
He wanted to know why I got a scholarship to Stanford.
I shrugged, telling him I wrote a five-page letter to Virgil Anderson, the Director of the speech Pathology Division.
"And?" he asked.
"I told him how bad the voice field was citing my own case, and my journey thru the medical field and speech therapy field, and found no help for my bad voice."
"And?" he continued.
I told him the secretary who typed the letter said, "if Anderson answers you, he is crazy, and if you get a scholarship, you don't owe me a penny for typing your letter."
I showed her the scholarship letter but I didn't ask for my money back.

She thought Anderson was nuts, and didn't think much of me, either.

The admission's officer asked me to "turn this way" and then "that way," gesturing so he could see me.
"You don't look Jewish," he said.
I concluded our meeting putting my hand out which he instinctively responded with his hand, grasped him to my face, and whispered in his ear, "I got admitted to Stanford, sir, because of brains."
Looking back at him, he sat perplexed, and I laughed to myself.
He hadn't dented me, and I had of him.

Anderson said I did the best job with stutterers in the history of Stanford University.
He invited me to remain at Stanford but I had to wear a tweed jacket and tie. I wore neither.
I turned his offer down, though he promised me a substantial increase in more money as in academia, a stipend.
I applied to UCLA and passed their entrance exam, and arrived there in 1961.
Dr. Elsie Hahn ran the speech pathology division.
She met with me for one minute.
"You want your Ph.D.?" she said.
I nodded, yes.
"You work for Dr. Jack Pressman, the Chair of the ENT there at the medical center."
I demurred.
I wanted to get my Ph.D. as fast as possible.
"Your chances of getting a Ph.D. if you don't' work for Dr. Pressman is zero to nothing."
I took the job.
"Dr. Pressman is waiting for you. You have five minutes to ask questions to get to the medical center and his office and you have ten minutes walk there."
She smiled sweetly and gestured me out.

Outside the door a sober dark suited gentleman who told me his name motioned me to his office a few doors down the hallway.
"Sit down" he told me.
I preferred to stand, and told him so.
"Sit down."
I sat.
"You want your Ph.D.?" he asked.
I nodded, yes.
"Here we wear a suit and a tie. Any questions?"
I nodded, no.
He motioned me out.
I had fourteen minutes and a half to get to Pressman.
Charles Lomas the dark suited gentleman, thirty seconds.
I arrived at Pressman's office on time, but his secretary said, "You have to make an appointment well in advance to see Dr. Pressman."
I told her, "Dr. Hahn had sent me over," and was heading out the door when she shouted, "Dr. Pressman will see you."
He motioned me to sit down. I preferred to stand.
He motioned me with his finger, sit down. I sat.
"Bring me success, not theories," he said.
I nodded.
"You understand that?"
I nodded, yes, I understood.
I hadn't known he fired speech therapists who didn't bring him success. He wanted success badly. He was the school's most powerful doctor at UCLA Medical Center behind Mellankopf, the Dean.

He motioned me out.
That took one minute.
Two and half minutes with three top people and I was on my way thru UCLA for my Ph.D.
I finished my coursework in two years, but Hahn said, "You have to take another year else you will embarrass other Ph.D. candidates." I was about to walk. My wife pleaded with me, don't.
"Stay and get your Ph.D.," she said.

She had a MA from Stanford. I had told Anderson, she was brighter than I and when he met her, and reviewed her record, he agreed and gleefully told me having doubted my attempt to get her a scholarship.

Why do I tell you all this?
Because I am a person who believes in ethics and morality and practices all that religiously.
It is out of style today, but then, so am I and have been for years.
If you read the enclosed pages on what I have accomplished in the field of voice, perhaps you might have a clearer idea of who is bugging the hell out of you, your staff and the medical world.

I do not expect you to change your mind about cures of Spasmodic Dysphonia (SD), nor your position on Botox as giving those with spastic vocal cords back their voices.
I am simply presenting what a no account kid with no background has accomplished against all odds, and who remains true to himself above all else and wishes to help people not snow them, and provide choice of treatment when medical care fails, and provide choice, as anyone would want.

I am sorry to disagree and fault your position on spasmodic vocal cords and on Spasmodic Dysphonia.

Though the medical field remains unable to cure SD ever, in over 135 years, and speech therapy, too, I am proud of reporting ongoing cures of SD year after year for 35 years documenting what I do, by Direct Voice Rehabilitation (DVR) all natural voice care.

Sorry to trouble you with this memoir, but I just won't let power, and the medical profession, and academics, and the drug folks run my life, my career, and me.
When I read the NY Times, I expect the world.
I am sorry you aren't providing it.

*Dr. Cooper's comments to himself.

September 5, 2005

Medical theories and drug causes have not reported a single cure of Spasmodic Dysphonia (SD) and Direct Voice Rehabilitation (DVR) all natural voice rehabilitation reports ongoing cures of SD for 35 years ongoing.

Dr. Morton Cooper, a solo practitioner has reported ongoing cures of SD and other hopeless voices cured by all-natural non-medical approach…

Dr. Cooper answers the medical and academic and drug related litany, SD is incurable, if it is cured, it wasn't SD, if it were SD, the cure won't last, and if the cure last, it couldn't have been SD because SD is incurable. Dr. Cooper has proven lasting cures of SD.

The humorous tales of what one doctor encounters in his treatment of SD and his cure of the hopeless voices that are Botoxed for life and surgically draconically treated and Russian Roulette outcomes while one doctor observes with whimsy, and humor what his today's colleagues in medicine, the pharmaceutical companies, and academia remain firmly planted in dark age treatment of SD and other hopeless voices.

The basis for today medical neurological model is a study done in 1960, Robe Brumlik and Moore which according to today's medicine showed that SD was a neurological problem. The study was inconclusive and it has limited cases. It became the rage in medicine without meaningful findings. There is no clinical evidence to verify SD is neurological, let alone a medical problem.

The Botox voice has replaced draconic surgery, which the *New York Times* in the Jane E. Brody column in 1992 purported to assure all that

SD is incurable and surgery and Botox the treatment of choice assuring all that SD was not a misuse of the voice problem. The *New York Times* has continued to flog the belief that SD is incurable in the face of cures of SD by Dr. Morton Cooper.

Were it not for the drug company's money and power and reach, patients with SD would be given choice of treatment. But money influences, and PR does wonders to carry the day and tell all with SD, SD is beyond a cure, beyond understanding and presents ongoing failed medical theories and academic theories that never report a single cure of SD.

These <u>theories</u> includes: 1) neurological, 2) dystonia, 3) chemical brain imbalance, 4) dysfunctional basal ganglia, 5) gene related disorder, 6) psychiatric, 7) gastro esophageal reflux disease (GERD), 8) molecular biology.

Don't eat peaches, chew on a golfball, shower and have hot water on your neck for strangled neck muscles, and strangled voices, and these outlandish beliefs are from the best and the brightest in medicine and were they known would be the laughing stock of what is medical voice SD care in the name of medicine.

Botox for SD is the rage today and has no cures ever.

It is Russian Roulette and its outcomes, four to ten times a year or more each and every year for life is as dark age as one dares get, all in the name of medicine.

And a fee of one, two, three, four thousand dollars a Botox voice shot helps fuel the disincentive to look elsewhere for an answer, a non-medical proven answer to SD and ongoing cures of SD by DVR.

The medical drug academic juggernaut remains in place with SD told SD patients that SD is incurable, take your medicine, take your Botox, one of the world's deadliest poisons if not the deadliest poison, made into attenuated therapeutic doses that are uncertain in the Botox shot despite the well intentioned National Spasmodic Dysphonia Association (NSDA) given money by Allergan the maker of Botox to assure all that dosage is precise, when the Botox voice in dosage is experimental, and the Botox voice Russian Roulette, by the best and the brightest.

The *New York Times* is firmly behind the Botox voice and surgery despite the fact that 2/3 of those surgically treated by a fashionable procedure now believed to be in the dustbin of history with 2/3 of those surgically treated worse off than before the surgery, still ongoing surgeries with twists and turns for that procedure are ballyhooed by the best and brightest in medicine without a single cure ever.
God help our voices.
The best and the brightest and the best of drug companies will not allow cures of SD into its meetings these days.
It isn't what today's medical SD voice care is interested in.
Turf, ego, money, and more are basic components of why the medical care of SD remains incurable in the face of ongoing cures of SD by all natural DVR.
One doctor against all medicine, the drug complex, and speech therapy (academia).
One doctor versus all.

Merck's study in 1992 reported bad and raspy voices were related to acid reflux. Dr. Cooper's clinical practice does not find confirmation of the Merck Study in ongoing patients trying reflux drugs for bad and raspy voices.

SD patients and medical doctors do not report a cure of SD prescribing acid reflux drugs.

SD is medically now believed to be caused by acid reflux as one of the theories.

And Allergan's Botox, Bo for Botulism and Tox for Toxin, with the best of intentions, the most humanitarian of motives, and the most compassionate of purposes, acid reflux as a cause of SD among the varied theories that fail to cure, and were it acid reflux caused, as SD patients are prescribed acid reflux drugs from various drug companies in the name of medicine, SD would long have become cured. Not a single cure by acid reflux drugs.

Not a single medical cure of SD by Botox.

Not a single cure of SD dating back to 1871 when SD was first described by Traube as nervouse hoarseness.

Nervouse hoarseness?

If you hear the voice, you know why it was characterized as nervous hoarseness. It sounds like the patient is nervous, frightened, crying, or terrified. None of these characterized descriptions is true. It is the sound that makes people hearing SD people believe SD people are nervous and more.

Change the use of the voice, you change your life for the better and if you are disciplined and persistent, you have a chance, for a cure of SD by DVR, all natural voice help.

Speech therapy has failed to cure SD because it doesn't treat SD in an orderly rational basis.

DVR takes the SD voice step by step out of SD, the deep throat voice that always is in the lower throat about the vocal cords and places it in the face, and does what nature asks, talk in the face, and it is the saving grace.

In 1991, I was on an Allergan sponsored meeting in Irvine, CA.

My topic hadn't been presented, and when I did present my topic, I was off the panel of eight best and brightest medical specialists in ENT and neurology.

My topic was cures of SD by DVR for twenty years.

None of the panel ever reported a single cure of SD, and none have since then but then, none in medicine or the drug related field or academic report a single cure of SD, and insist SD is beyond a cure.

It is beyond a cure for them and for the medical drug juggernaut, and my field, the academics, in the American Speech-Language and Hearing Association (ASHA).

I report ongoing cures of SD for 35 years.

In peer publication, and at meetings before the Botox juggernaut took hold and before the powers in medicine and the drug field took hold and silenced cures of SD by all natural DVR.

In 2000, October 14, the NSDA sent a representative to me and she demanded I see her at once. She asked that I recant my peer review cures in 1980. The NSDA charter on its masthead says it is not to take treatment sides. It does.

The next month I was reporting cures of SD at ASHA, the national communication field.

I had reported cures of SD dating back to 1974 in ASHA, and over the years in 1980, and in peer publication 1980, in the *International Association of Logopedics and Phoniatry*.

My presentations of cures of SD have been made at the California Speech-Language and Hearing Association (CSHA), at the top medical meetings, and the power of medical and drug funding has been able to disallow SD patients choice of treatment informed choice, and SD patients are assured by that there are no cures of SD.

A guarantee by medicine and drug representatives that is not true.

But as in ancient Greek times, in Plato's Republic, Thrasymachus answers Socrates about ethics that ethics should prevail, does not might make right?

And as then, and before, and throughout time, might does make right, and money talks and cures of SD are silenced for the best of intentions, the best of motives, the best of and brightest of minds in medicine and academia, leaving SD patients to endure and suffer SD with draconic Botox shots for life, with Russian Roulette the name of that game, and surgery no better all with the best of motives and intentions.

The psychiatric field has failed to cure a single case of SD.

The neurological field has failed to cure a single case of SD.

DVR, the only approach in the world has proven there are cures of SD, reports them, and is disallowed to present them at today's medical meetings, and drug organized meetings on SD.

SD patients are not given a choice, an informed choice of SD care.

That is the problem with the medical and drug juggernaut and my field, ASHA, that has been taken over by drug company and proclaims to the world officially on its website, there are no cures of SD, and Botox the treatment of choice.

It isn’t so, but money talks, power rules, and the mighty prevail with failed medical theories and failure to cure as DVR all natural voice rehabilitation remains beyond the knowledge of SD patients, and off the radar screen of the media and the public.

God help our hopeless voices.

The blind lead the lost on SD and it remains incurable.

I remain, one doctor versus all, with cures of SD versus the entire medical establishment, the drug field and academia.

A metaphor for life, said a patient with a badly impaired voice, of being told, it was psychiatric, and this and that, and more when it wasn’t all she was told, not this and that, and more but got her voice back by DVR and wrote of her experience.

Another patient found what he was told by the best and the brightest, and it was not of help until he underwent DVR, all natural, no-risk, and found his voice.

They are countless others with impaired and so-called hopeless voices have been cured of their voice problems, and live to tell about it.

*Dr. Cooper's comments to himself.

September 30, 2005

David Corcoran Science Editor, Assistant Editor of Science Times, "As I did with your previous letter, I'll pass the new one along to our health staff, I'm sure they will consider your comments when they revisit this issue."
Nick Wade, as former Editor of the *New York Times* Science Times wrote thirteen years ago, he would get back to me when they would revisit SD and its treatment and cause. That was regarding Jane E. Brody's one-sided ballyhooing of medical treatment for Spasmodic Dysphonia (SD), Botox and surgery and no cures of SD.
He didn't get back to me. The *New York Times* didn't either.
So I am publishing my exchanges with the *New York Times* and revisiting their silence about cures of SD by all natural Direct Voice Rehabilitation (DVR), and their endorsement, their full endorsement of "Botox giving those with spastic vocal cords back their voices."

The *New York Times* isn't interested in all natural DVR reporting ongoing cures of SD. "Botox is giving those with spastic vocal cords back their voices" implies a cure of SD. Botox for SD is not a miracle drug. "Botox is giving those with spastic vocal cords back their voices," is undocumented. Bo for Botulism and Tox for toxin, Botox is made to be the best money can buy. The newspaper, USA Today reported Tuesday April 20, 2004 was given information from the National Spasmodic Dysphonia Association (NSDA) that gets money from Allergan for its website, its newsletter and research reporting Botox for SD is the Cat's meow and a Godsend.

The next generation of injectables into our vocal cords from James Thomas, ENT,…and others.
Collagen and interferon and silicone, and Teflon and bone, gel, and fat, and stents into the vocal cords as with Paraffin in 1913, are now passing fads and fashions that may be consigned to the dustbin of history, too?

Injectables are simply inserts into the vocal cords, seeking to provide structural fills seeking to give a normal vocal cord structure. Functionally is at loose ends.
Robert Kennedy Jr. has Botox as an injectable for his SD condition. Listen to his Botox voice does it give assurance in fulfilling what it promises, 99% effective and is it safe, too?
Meanwhile, an all natural voicelift, raising or lowering the pitch on ahem, without any invasive medical procedures or injectables does remarkably well but doesn't cost anything to speak of, and gives the voice back its normal natural voice simply and directly with a few other simple ways.

Is the ENT throat doctor and neurologist acting in the best interest of the SD patient?
Have the ENT and Neurologists read of Dr. Berke's 1999, Dec. National Spasmodic Dysphonia Association statement: **In the December, 1999 National Spasmodic Dysphonia Association Newsletter, page 7, Dr. Gerald Berke, Chairman of UCLA Head and Neck Division reports regarding Botox (botulinum toxin): "...there are some obvious drawbacks. It requires lifelong visits from 4 to 10 times per year for repeat injections. The injections are not inexpensive. The interval between post injection breathiness, good voice, and the return of symptoms may not be very long in some patients. Hypersensitivity and antibody formation have been shown to produce some long term structural changes in muscle cells."

*Dr. Cooper's comments to himself.

October 4, 2005

Brin somewhere back in time asked me write about psychiatric Spasmodic Dysphonia (SD). I declined. I wanted to write about so called "neurological" SD, because I don't find it neurological, but functional.
Brin declined.

Meanwhile, the cover-up of cures at the *New York Times*, the best and mightiest of men…whose reporters take handouts from Brin, who sits on the Allergan payroll now as Senior Vice-President of Development was on the front page of the *New York Times* saying March 2, 2003 that Botox is the next penicillin.
Perhaps.
Allergan's CEO says in the *Los Angeles Times*, he wants Botox to perhaps be used for 93 different conditions…
Dr. Brin ballyhoos Botox for SD, to treat the neurological cause.
But SD I find reporting ongoing cures of SD is not neurological.
Maybe the CEO would settle for 92 conditions that Botox best serves?
Botox is one of the choices for SD, not THE treatment of choice, and the state of the art treatment in medical SD?

Thrasymachus and Socrates in the Republic clash over does, Might make Right and the issue is not resolved.
Might does make Right, and always has.
Does the mighty *New York Times* care to use its might to right an oversight no cures of SD medically? My all-natural Direct Voice Rehabilitation (DVR), one doctor against all, takes on the entire medical establishment worldwide, drug companies, Allergan and Merck, and all academia, and friends, the National Spasmodic Dysphonia Association (NSDA). The NSDA is a sound alike Allergan, non-profit group that gets funds from Allergan to do chat rooms, newsletters, research, SD meetings. The NSDA decline to allow cures

of SD by DVR, all natural, to appear at its national and international meetings.
The Botox SD shots have moved from one Botox shot in 1984 to four to ten or more a year, and the cost may be about 1,2,3,4 thousand dollars a Botox shot each and every year for life.

Isn't it time after almost fourteen years of correspondence with the *New York Times* to ask for an investigation of the *New York Times* hand me your Dr. Brin handouts, Brody, 1992, and March 2, 2003, and deny sourcing, who said "Botox is giving those with spastic vocal cords back their voices," front page Sunday *New York Times.*
It isn't the fallout of Botox for SD that is at issue alone.
It is cures of SD that is.
Why does the mighty *New York Times* fault others for not balanced reporting? Yet they remain in self-denial of cures of SD when the documentation is provided them and the proof at their review, and not investigate? Not ever. The *New York Times* takes handouts from Allergan thru Dr. Brin, now. Dr. Brin is a fervent believer in the neurological cause of SD. My clinical experience isn't in agreement. SD cannot be neurological. I cannot help cure a neurological problem. In 1845 Semmelweiss an MD found that the high death rate, more than twenty percent for child birthing was due to medical doctors not washing their hands. He was demonized. He lost his career, and standing in medicine. He is honored all too many years later as a great man. But how many women and children died before medicine came to realize, "wash your hands" during delivery of babies, was the right thing to do saving lives but not before?

The *New York Times* has been misled in the past. It has no mea culpa when it comes to cures of SD. It remains blind to cures of SD because it trusts in the medical model, the medial paradigm and the medical theories for SD that have not one single cure of SD ever covering 135 years dating back to Traube who characterized SD as nervous hoarseness.

SD is called the strangled voice. You know why those talking with such a frightening voices sound nervous. They are nervous.
Not from being nervous but talking strangled and judged nervous talking so.
The neurologists and ENTs are not trained in practical voice use.
They do not put the variables that make up a good and great voice to change from bad and strangled voices to a normal natural voice.

God help our voices. The medical profession hasn't, isn't, and if those in power and the mighty will not look into the matter, who will? Medicine has not, will not, and cannot police itself I find to openly discuss cures of SD, as neither will the Mighty *New York Times* do so…

It is the cover-up of cures of SD not only at the *New York Times*, but in the medical profession, and it is a David versus Goliaths story that cures of SD exist by all natural DVR and prevail as well, and that SD is mistakenly believed neurological when it isn't save a case here and there, as with psychiatric cause. DVR proves conclusively SD is subject to all natural cures, which may interfere with the bottom line of those in the cadre giving the Botox voice shots, and the drug companies involved in looking to medical cause. Who comes first?
The SD patient or the drug companies and the medical people who do the Botox shots, and benefit from all of that?
And of the SD patients living a life of agony disabled of voice in a society where communication is key to fulfillment, left undone and on a roller coaster ride in and out, up and down, and around, endlessly for life?
Isn't informed choice something that we all seek for treatment? And cure?

*Dr. Cooper's comments to himself.

October 13, 2005

The Botox Voice and your car

If you fill your gas tank, you don't expect to find the gas carries you uncertainly for a few miles or doesn't carry you at all when you tank up and the engine fails so you are stranded each and every time you tank up.

Would you go back and get tanked up?

The engine fails each and every time you tank up.

Would you go back?

If you are told the gas is 99% effective but your car doesn't go, would you believe what you are told?

Yet, medicine with the best of intentions, with all the best of humane concerns, and compassion, tells you to get the Botox voice shot for your strangled voice and each time your voice goes out for variable periods of time leaving your voice less or so badly impaired you can barely be heard, or understood, as the state of the art and treatment of choice for your SD voice.

Does that make sense?

The Botox voice like pouring gas into your tank, leaves you stranded without a voice to get heard, listened to and liked.

Something doesn't make sense.

99% effective when your car doesn't run smoothly after tanking up?

Same for SD.

Your voice goes out, and the National Spasmodic Dysphonia Association (NSDA) tells you and me, the Botox voice shot is 99% effective when your voice regularly and consistently goes out each time you get a Botox voice shot. The NSDA gets donations of money from Allergan the maker of Botox.

You get the Botox voice shot four to ten times or more each year.

And each time you get the Botox voice, your voice regularly goes out for variable periods of time.

Would you back to that gas station over and over and over for life?

Botox voices are for life, each and every year for life leaving you without much of a voice after each Botox shot, but it is said to be the state of the art by medicine, and the treatment of choice by medicine. They in medicine know only medical voice care.

The NY Times entirely backs the Botox voice and reports on its front page March 2, 2003: Botox is giving those with spastic vocal cords back their voices.
Like those tanking up for their car, after doing so, the engine goes out each and every time, and that is called the best gas money can buy? Something isn't right.

I report ongoing cures of Spasmodic Dysphonia (SD), all types of SD.
In the following pages I will provide additional cures of SD as well as recoveries from SD.

The Botox voice is the prevailing and leading treatment for SD in medicine and academia, the American Speech-Language and Hearing Association (ASHA) and round the world.

Allergan, the maker of Botox and the medical profession are well intentioned, humanitarian and compassionate with the Botox voice, as those surgically orientated, and too, speech therapy. None though have had a single cure of SD ever. All is palliative, bandaid therapy.
No cures ever.
My Direct Voice Rehabilitation (DVR) helps cure SD.
My cures are proven SD, and may be lasting cures of SD. My cures of SD involve the best and brightest of medical doctor diagnosing SD.
It behooves the medical profession and my field, academia, ASHA to provide informed choice of treatment for SD, but do not do.

Dr. Gerald Berke has written of the Botox voice in December 1999 in the National Spasmodic Dysphonia Association (NSDA) newsletter as follows: "...there are some obvious drawbacks. It requires lifelong visits from 4 to 10 times per year for repeat injections. The injections are not inexpensive. The interval between post injection breathiness, good voice, and the return of symptoms may not be very long in some patients. Hypersensitivity and antibody formation have been shown to produce some long term structural changes in muscle cells."

In addition to Dr. Berke, my clinical experience adds on to the problems of the Botox voice. Emails, letters, documented calls of SD patients tell of the Botox voice disappointments, and problems in addition to what the medical profession notes swallowing and breathiness from the Botox voice.

There are additional problems from the Botox voice. I find these additional problems are not made known to the public, the media and especially those with SD. The *New York Times* endorses the Botox voice entirely, “Botox is giving those with spastic vocal cords back their voice,” March 2, 2003, front page, *New York Times*.
I disagree. That statement implies that the Botox voice is a cure if not a panacea for the SD voice.

I find my medical colleagues as with my field ASHA, and academia, are on the wrong road in the cause of SD as medical. My clinical experience proves conclusively to me that SD is not medical in cause. SD mimics a medical cause, a dystonia. SD is simply wrong voice use, a dysphonia, not dystonia. A dystonia means the voice cannot be changed for the better. I can help change the SD voice in minutes in the first meeting of those with SD in my office 90% of the time. The clear normal voice requires a retraining process to get the SD patient to hear, know, feel and use the new voice. It is a simple process but takes doing. I report cures, ongoing cures of SD for over thirty-five years. Meanwhile, all medicine websites on the Internet, and all information I read in medicine and academia guarantees there are no cures of SD. Somebody is wrong.

My medical colleagues have different theories as to the cause of SD but no cures ever in dating in its theories that provide not a single cure ever of SD dating back to Traube in 1871 characterizing SD as nervous hoarseness. From 1871 to now, psychiatric care for SD has not reported a single cure of SD. Robe Brumlik and Moore in 1960 posited that SD might be a neurological problem in the basal ganglia.

The study cited spiking in the brain for four of ten SD patients to being the neurological cause of SD. That study of ten SD patients was suggestive rather than conclusive in its outcome.

Neither Robe, Brumlik, Moore or Traube ever investigated the possible cause of SD being associated, related or caused by wrong voice use. It was always a medical study. The medical paradigm and theories of SD do not realize the misuse of the voice is and remains the basic overriding cause of SD, as I found clinically. By changing the wrong use of the voice and the strangle strain of the SD spasming of the vocal cords is overcome. All SD is in the lower throat. I focus the SD voice to the face where all good and great voices are. The SD voice becomes a clear and normal voice. The changed voice requires ongoing Direct Voice Rehabilitation (DVR). This is in contrast to speech therapy, which is like surgery and the Botox voice, indirect, not attending and touching the basic variables involved in SD.

My medical and academic colleagues are well intentioned, compassionate and humanitarian but at a loss to understand the amazing difference between all-natural DVR and that which they do, which is palliative rather than curative as to what I do.

Over the years, I have discovered breakthroughs on how to find the real natural voice in seconds or minutes for any voice problem. The discoveries involve the “ahem” discovery, and the C-spot. The C-spot brings the SD voice that is placed always in the lower throat to the face quickly.

The “ahem” allows the SD patient and those with wrong voices other than SD itself, to feel the right voice in the face, and change the voice from the lower throat. This not only reduces symptoms associated with SD but also eliminates them thus providing backup for cures of SD, and bad and raspy voices as well. That is why I called my book *Change Your Voice, Change Your Life*.

At the close of this book, you will find my bibliography. It covers a large number of voice problems, not only SD, and provides a different take on what I do than my colleagues in medicine and academia and speech therapy not do.

I hope they in time will give an ear, and mind to considering DVR as a new and different approach to SD, not palliative but curative for SD and other voices that are failing too.

I answer those who question is my cures of SD, SD? Yes, I work on SD reporting cures of SD reporting the names of the best and brightest in medicine and academia who acknowledge my cures of SD, neurological SD, as real and documented.

DVR is currently off the radar screen as a cure of SD by the medical and academic profession, and Allergan the Botox Drug Company.

Direct Voice Rehabilitation looks to cures, not to band-aids nor palliative treatment of SD or bad raspy voices as I find my medical colleagues and academic colleagues seek to do.

My all-natural non-medical DVR, can provide the answer to help cure bad, raspy and strangled voices called Spasmodic Dysphonia without risk, or health concerns. Medical implants, including Botox, invasive other procedures such as collagen, gel, silicone, stents, shims, fat, bone, Teflon, and cadaver skin may place the vocal cords at risk for a medical voice lift. My all natural voice lift for a better voice is simple, direct and all natural, doing this is reported by me in my textbook, 1973 covering fourteen hundred voice disordered patients and peer reviewed cures of unilateral cord paralysis, and premalignancies of the vocal cords, too and on and on.

I have been in the field of voice rehabilitation for over forty-five years, with outcomes for voice disorders said to be miraculous, and have the best and brightest in medicine supporting what I do. DVR is appropriate voice care for those who seek all natural DVR.

The list of medical doctors and top academics is provided in the Botox voice to provide background on my believability and credibility for cures of SD, and bad raspy voices, too.

MORTON COOPER, PH.D.
A Speech Pathology Corporation

VOICE REHABILITATION
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March 2, 2005

Ms. Jane E. Brody, Health Writer
New York Times
229 West 43rd Street
New York, NY 10038

Ms. Brody,

You write about resiliency and cite a couple of books on that topic. You talk about your own health problems, and talk about your resiliency. May I ask you to consider your position on Spasmodic Dysphonia (SD)? And your resiliency to deny cures of it?

You indicate it's never too late to get with resiliency. How about allowing patients who suffer SD to know there are cures of the condition by what I do, Direct Voice Rehabilitation? Enclosed is a printout of just some of the cures I have achieved of SD. I'm sorry that I'm the only one in the world reporting cures for over 35 years. Maybe you could cite my book *Stop Committing Voice Suicide*, which addresses cures of SD? You list other books on resiliency and perhaps I would qualify as one who is resilient above adversity to report ongoing cures of SD.

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

Enclosure

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A Speech Pathology Corporation

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March 9, 2005

Ms. Jane E. Brody, Health Writer
New York Times
229 West 43rd Street
New York, NY 10038

RE: "Undertreated pain destroys lives."

Ms. Brody,

In regard to your March 8, 2005 personal health column titled, "A Fight for Full Disclosure of the Possible Pain"**:** You seem extremely troubled by the severe pain you experienced following your knee replacements.

You come down to earth from your high ivory tower writing about sanitizing pain felt by Spasmodic Dysphonia (SD) patients and ignoring cures of this condition by my Direct Voice Rehabilitation (DVR) program. I quote you, "This is outrageous, and just reveals the monetary motives behind much of modern medicine. The patient be damned; just bring in the bucks." You are referring to your knee replacement medical care. It is apropos to SD, too.

You finally did get help for your pain and you could walk half a mile to your local Y and resume your daily swim. You state, "Undertreated pain destroys lives." You quote additionally an email message to you, "Unless you're the one feeling it, it's basically meaningless."

You push Botox the deadliest poison in the world that allows Allergan and the medical community to give four to ten Botox shots a year or more each and every year for life. Medicine guarantees that there are no cures for Spasmodic Dysphonia (SD) by Botox. You can assign the SD patients to a living hell Ms. Brody. You can assign them to a rollercoaster ride when they get a Botox shot and endure in and out voices with iffy outcomes and at times terrible results. You talk about your pain and ignore the pain of those you consign to a living hell. You leave those with SD with no choice of treatment save ongoing Botulism Toxin called Botox at a cost of $1000 or $2000 or $3000 per Botox shot. You carry the imprimatur of the *NY Times* behind you so that those suffering SD do not believe there could be a cure of SD in the face of my ongoing cures for over thirty-five years of SD.

You have joined the real world Brody when you talk about your pain. What about joining the real world and helping those with SD to have choice of treatment for SD? I enclose a brief summation of cures that provide evidence based research that name names of doctors and patients and medical centers that provide ongoing cures of SD. You and the *NY Times* decline to accept non-medical cures of SD. The *Science Times* is rife with only MDs reporting.

Yet the *NY Times* does a big spread on Hans Bethe, a Ph.D. who is a fantastic mind with fantastic discoveries and contributions to society, but you disallow Ph.D. types into the *Science Times*. What an oxymoron.

On March 2, 2003 the *NY Times* front-paged Botox as giving those with spastic vocal cords back their voices. This statement is such a terrible unqualified sham it is rather unbecoming of the *NY Times*. The *NY Times* remains a believer in the medical model, in medical treatment, and in medical failure for SD despite the fact that the medical profession has never reported a single cure of SD since Traube first described the condition in 1871.

When it comes to your pain Ms. Brody, you scream bloody murder. When it comes to the pain of others you write blighthly about poisoning their vocal cords because it is in keeping with the medical profession adheres to and endorses when they are on the wrong road to the treatment of SD for over 130 years.

Pain, ah sweet pain, Ms. Brody, when it strikes you all hell breaks lose.

Most cordially yours,

Mort Cooper

Mort Cooper

MC/aa

Enclosures

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March 10, 2005

Bill Keller
Executive Editor
New York Times
229 West 43rd Street
New York, NY 10038

RE: Jane E. Brody denies cures of hopeless voices called Spasmodic Dysphonia

Mr. Keller,

An editorial in the *NY Times* today March 3, 2005 was headlined “Looking The Other Way.” The headline is apropos for the *NY Times* position on a condition called Spasmodic Dysphonia (SD). I am the only Doctor in the world reporting cures of SD. If you or your staff would check my website you will see that I have evidence based research to verify that I’m the only Doctor in the world reporting cures of this so-called hopeless voice problem. Jane E. Brody of your Personal Health Section Wednesday, March 11, 1992 wrote that there are no cures of SD. She got her information from Mitchell Brin, a neurologist who assured her that there are no cures of SD. That is Dr. Brin’s view. He brought Botox to the field for SD in 1984. He was Jane E. Brody’s source for her column saying that there are no cures of SD. Dr. Brin knows better than all that. In 1991 at a meeting in Irvine, CA, March 2 at 3:00 pm before hundreds of people Dr. Brin asked that Botox be withdrawn at the earliest possible time fearing the long-term effects on the body. He is Vice-President of Developing for Allergan now. Dr. Brin knows of my cures of SD as I presented in 1991 cures of SD at the same meeting that he asked that Botox be withdrawn for SD.

As Vice-President of Allergan he is of the view that his 1991 statement in 2003 is “dated”.

Would you be interested in a story of why one lone Doctor reports cures of SD when all medicine and a drug company such as Allergan does not? The *NY Times* has fully endorsed Botox for SD and never mentioned cures of SD on its front-page March 2, 2003 article. This front-page March 2, 2003 position reported Botox is giving those with spastic vocal cords back their voices. The Botox voice? The Botox voice four to ten times a year or more each and every year for life. Jane E. Brody refuses to acknowledge my track record of ongoing cures of SD. The *NY Times* correspondence with the Sulzberger’s on down including Nick Wade, Corey Dean, and others take the same position as Brody ignoring cures of SD.

Enclosed is just a partial listing of cures of patients with SD by me.

I have tried to contact Dan Oakrent the Ombudsman with the *NY Times* but he will not respond to my inquiry about the *NY Times* looking the other way on cures of SD. Will you?

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

MORTON COOPER, PH.D.
A Speech Pathology Corporation

VOICE REHABILITATION
SPEECH AND LANGUAGE THERAPY

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March 29, 2005

Bill Keller
Executive Editor
New York Times
229 West 43rd Street
New York, NY 10038

RE: Jane E. Brody denies cures of hopeless voices called Spasmodic Dysphonia

Mr. Keller,

I wrote to you directly recently but have not been greeted with a response you have received my concern about Spasmodic Dysphonia concerning the *NY Times* on that subject. Therefore I am sending my inquiry to you again certified. I simply would like to know: A) have you received my inquiry B) Received it but are not inclined to respond C) not received my inquiry and have no awareness of what I am writing or talking about D) don’t care about Spasmodic Dysphonia, my inquiry and the subject?

This is a multiple answer response. Please be kind enough to check your response. Or, E) you don’t care to respond to those who question the *NY Times* or its editors?

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

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March 31, 2005

Bill Keller
Executive Editor
New York Times
229 West 43rd Street
New York, NY 10038

Mr. Keller,

The *NY Times* on March 2, 2003 unequivocally endorsed Botox for Spasmodic Dysphonia (SD) reporting that Botox is giving those with spastic vocal cords back their voices. This was on the Sunday front-page edition of the *NY Times*. That story has no legs in the sense it has no documentation to bear out its position. The story was written by Douglas G. McNeil, Jr. who forwarded me the “documentation” which lacked documentation for the statement run in the story.

I’ve asked for a review of this story and a counter to it that reports cures of SD by what I do called Direct Voice Rehabilitation (DVR). I don’t ask you to run a counter story to your front-page Botox endorsement for SD. I simply ask you to look into the fact that there are cures of SD and have been for 35 years by me. Botox has no cures.

In your March 30, 2005 Wednesday *NY Times* front-page bottom section, left, you investigated the medical advisor for baseball and found that he exaggerated his credentials. Very interesting story. It is the same story for Allergan the maker of Botox overreaching on the front-page of the *NY Times*, March 2 2003. Is there no desire at the *NY Times* to look into its wholehearted endorsement of Botox for SD ignoring cures of SD and not providing choice of treatment for those who have SD and those who provide treatment for SD?

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

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April 13, 2005

Ms. Cornelia Dean
Science Times
New York Times
229 West 43rd Street
New York, NY 10038

Ms. Dean,

I was quite delighted to see that the Science Times is concerned with and interviewing those who are outstanding in their contributions to medicine but are not medics. Your medical writers for this section are excellent. But as your Op-Ed page runs columnists with different views, I am now pleased to read not just medical columns but Ph.D. columns as well.

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

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April 21, 2005

Mr. Arthur Ochs Sulzberger
Chairman Emeritus
The *New York Times*
229 West 43rd Street
New York, NY 10038

Mr. Sulzberger,

I was delighted to see that that you received the recognition you deserve for publishing the Pentagon Papers in 1971. I'm enclosing the *New York Times* Wednesday, April 20. 2005 statement on page C5 that awards you the Katharine Graham Lifetime Achievement Award by the Newspaper Association of America at its annual meeting.

Mr. Sulzberger, I'm writing to ask for your help concerning the *New York Times* position on a problem called Spasmodic Dysphonia (SD). I report cures of this condition for thirty-five years. Ms. Brody, you Health Columnist reports there are no cures (see enclosed). On the front page of the Sunday the *New York Times*, March 2, 2003, Donald G. McNeal, Jr. wrote that Botox is giving those with spastic vocal cords back their voices. There is no documentation for this position given me by Mr. McNeal. The position the *New York Times* espouses is unsubstantiated by my years of clinical practice with those who suffer SD and take Botox.

Ms. Brody, Nick Wade, Robert Altman, MD, Joseph Lelyveld, Howell Raines, and currently Bill Keller, Editors of the *New York Times* have declined to investigate my concerns that the *New York Times* is on the wrong road in its statements of SD treatment and cure. Additionally, Cornelia Dean, the current Editor of Science Times may be added to the list of those at the New York Times who do not care to discuss cures of SD by Direct Voice Rehabilitation (DVR), a non-medical approach. Botox and surgery have no cures of SD ever.

I understand that you read more than 7000 pages of the Pentagon Papers before deciding to publish them in the *New York Times*. I'm just enclosing a few pages to ask that you look it over and see if you would be open to a reporter investigating cures of SD by DVR, which is a monumental breakthrough because all of medicine says there are no cures of SD.

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

Enclosures

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June 23, 2005

Mr. Arthur Ochs Sulzberger
Chairman Emeritus
The *New York Times*
229 West 43rd Street
New York, NY 10038

Mr. Sulzberger,

On the front page of your E section, *New York Times* June 20, 2005, in your Health Section for Men and Health you run an article by Gina Kolata on the PSA test no longer giving clear answers. The medical community for prostate cancer is divided and Gina Kolata says so.

For spasmodic dysphonia the entire medical community and academia say spasmodic dysphonia is hopeless. I have ongoing cures of this condition by Direct Voice Rehabilitation. I have peer-review in 1980 in the *International Association of Logopedics and Phoniatry* indicating there are cures of spasmodic dysphonia. I have before and afters of spasmodic dysphonia diagnosed by the top medical centers indicating my successes and cures of spasmodic dysphonia. It is one doctor against all of medicine and the drug industry including Allergan the maker of Botox, which guarantees there are no cures of spasmodic dysphonia. Your newspaper on the front page of the *New York Times* on March 2, 2003 says Botox is giving back those with spastic vocal cords their voices. The statement never qualifies what kind of voice the patients are getting back from botox for their spastic vocal cords. In a forthcoming book I've written, I indicate quite clearly there is a botox bubble for spasmodic dysphonia cases and the statement that you have endorsed saying botox is the cat’s meow for spasmodic dysphonia.

Again I forward to you a two-page printout of my findings of spasmodic dysphonia and the cures and recoveries by my Direct Voice Rehabilitation program for spasmodic dysphonia.

Is there no room in the *New York Times* for a different view of spasmodic dysphonia than that which prevails in the medical community and the drug industry for spasmodic dysphonia?

Most cordially,
Mort Cooper
Morton Cooper, Ph.D.

MC/aa

cc: Arthur Sulzberger, Jr.
Cornelia Dean
Bill Keller
Jane E. Brody

*Dr. Cooper's comments to himself

June 26, 2005

Take the time and spend the money as a drug company to develop a drug only to find out someone has beaten you to the punch finding a cure of the very problem your drug has been developed to keep you on the drug for life, ongoing perhaps four to ten times a year, each and every year. So what do you do?

You ignore the cure, and tell the public and doctors that there is no cure, hiding cures, disputing cures, demonizing cures of the very problem you say is curable persuading the public, the media, and organizations dedicated to finding the cure to believe there is no cure. You in the drug company have money, lots of it to do great PR to tell everyone including those with the "incurable" problem there is no cures and anyone saying there is a cure, a crackpot, and make your drug the treatment of choice, of preference for and by the small cadre who will administer that drug to those suffering the "incurable" problem. Does it sound familiar? Believable? Plausible? Real?

It may turn out to be just that.

Today, those suffering a condition called Spasmodic Dysphonia (SD), the strangled voice, so that when you hear them talk, it sounds like someone has hands about their necks emitting a strangle strain that makes you leery of who they are, what their voices represent, and do you want to listen or flee?

To keep up the game plan to bring those who suffer the strangled voice spasmodic dysphonia, you develop and organize with drug supported money, generous donations of money, to present a picture of helping those enduring the problem calling it a support group so that it represents the view there are no cures. The SD support group is formed to keep those in it driven to deny cures of the so-called hopeless voice problem while the drug company briskly sells its drug, they call it Botox, and derive that candy like sweet smelling name from bo for botulism, and tox for toxin, one of the leading poisons if not the most deadly of poison in the word, assuring all it is safe and effective in the short run, and getting help from medics who tell patients often enough for us to hear the chant and assurance, it is 99% safe, and 99% effective, while the figures of reality don't match the PR given those suffering the problem.

Is it an erratic outcome that a drug company or drug companies will seek to protect their bottom line, their interests selling a substance that never cures, is said never to cure, doesn't cure, and instead is sold as a palliative, that is, reducing symptoms when you get your Botox shot. It makes sense to understand if someone paralyzes your vocal cords, that is where your Botox shots basically end up, you cannot talk for variable periods of time, and when you can, you never know what voice you will have or have not, but if you want to sell your drug, your poison, you have to keep a straight face, and tell everyone involved, this is the best medicine and we in the drug field can do?
Is it?
Common sense says, hey, wait a minute.
If you paralyze the vocal cords and the neck, how do you control your voice?
You don't, and can't. The control is welded by the drug, and the time length for its staying is uncertain, iffy, and when it wears off, hopefully fast, but proving not to be a given, or certain, or precise, let alone bringing back your voice, then what? You are told to keep going, take your medicine, your poison, in the name of medicine? Yes. Despite the fact your voice may not come back, and that you tell your doctor, but he or she may tell you, keep going as those who visit me may tell me often enough to tell me, where is common sense?
If it doesn't work, it doesn't work, and try something else?
Common sense?
Are you to remain assured that Botox for your strangled voice is the treatment of choice? For whom? Those giving the shot? The elite in medicine who have to put bread on their table? Perhaps they are putting too much bread on their tables? And not giving enough help to those suffering the strangle strain voice?

Cures are not what medics and the drug folks seem interested in.
Not if the cure isn't medical, especially so.
As the organization funded in part with generous donations of money from the drug company Allergan the maker of Botox, that gives you a facelift tells us, thru the organization they generously fund called the NSDA, the National Spasmodic Dysphonia Association.

Since 1871 medicine doesn't have a single cure of SD for over a hundred and thirty plus years since Traube first described the condition as nervous hoarseness, which morphed into spastic dysphonia, and now into Spasmodic Dystonia morphed into Spasmodic Dystonia, whichever term you care to use, there has never been one single cure of the problem by medicine.
By another approach, common sense approach, non-medical, an approach called DVR, Direct Voice Rehabilitation, a doctor named Mort Cooper, Ph.D., has been reporting cures of SD, the voice cure that eludes medicine and the drug company is Allergan and Merck. Merck is of the view noting that the condition may be caused by acid reflux. If you can report a cure isn't medical in nature, and found to be due to wrong voice use, and abuse of the voice, then what happens to the drug company's bottom line?
A cure maybe be an anathema, a curse.

Is it willful that medicine and drug companies' battle against a cure and cures of SD?
Yes and no.
Medicine simply isn't alert or aware of the cause of SD and says so providing various theories that have no cures ever of SD.
These theories tell us that SD is 1) neurological, 2) dystonia, 3) chemical brain imbalance, 4) dysfunctional basal ganglia, 5) gene related disorder, 6) psychiatric, 7) gastro esophageal reflux disease (GERD), 8) molecular biology.
Dr. Cooper says the medical field is not prepared or trained to understand non-medical cause of SD, and other so-called hopeless voice problems.

Dr. Cooper understands the disinclination to consider, recognize, and face cures of SD by non-medical intervention called DVR.
Dr. Coopers' solution is simple, and direct for a cure of SD.
Change your voice use, and change your life.
And help yourself to a cure of SD and other voice problems thought hopeless and beyond a cure.
Change your mind about the cause and you have the chance to gain a foothold and insight to what needs be done for a cure.
Medicine does not train its practitioners in voice images and identities. Images. Images of why we talk as we do. And images rule and run our voices, as do our lives, more than in just voice use.

Does acid reflux cause bad, raspy and strangled voices?
Patients tell me acid reflux drugs don't work for these voice problems almost 99% of the time. Acid reflux drugs do wonders for heartburn and indigestion but not for bad, raspy and strangled voices.

Common sense all-natural voice cures of bad, raspy and strangled voices…are they for you?

Look to nodules of the vocal cords, and see how extensive the literature in medicine and academia is that the cause is wrong voice use and abuse of the voice…surgery may be contraindicated, don't do it, says a leading ENT of a patient and declines to do surgery saying, the growth will return when you talk again, wrongly.
Some leading ENTs acknowledge that a node is due to wrong voice use, and abuse.
Change you voice use, change your life by changing the way you talk, and therein lies a great doctor, do no harm, and or first, do no harm, and second, natural healing…

Variable effects of a drug on person. One size dosage doesn't fit all. Dosage is experimental, and outcomes from Botox may be uneven and uncertain and warrant concern.

For Direct Voice Rehabilitation (DVR), some need more help than others and though some can find a cure in short term DVR others need additional time and ongoing help…but there are cures and substantial recoveries, and for those looking to a cure and substantial recovery, perhaps they might understand their voice images, and the ways these images mislead them, and create their very problems, called Spasmodic Dysphonia (SD).

MORTON COOPER, PH.D.
A Speech Pathology Corporation

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June 29, 2005

Mr. Nick Wade
New York Times
229 West 43rd Street
New York, NY 10038

Mr. Nick Wade,

In 1993 you wrote to me as the Editor of the Science Times that you will get back to me regarding spasmodic dysphonia when the time is appropriate to do so. You never did do so. In March 2, 2003, ten years later, the *New York Times* front-paged botox as giving those with spastic vocal cords back their voices. There is no documentation for this statement. The *New York Times* has been influenced and guided by a drug company, Allergan that produces Botox. Botox is bo for botulism and tox for toxin. In undiluted form Botox is the world's deadliest poison. The *New York Times* failed to indicate that those with spasmodic dysphonia given Botox injections need have four to ten or more Botox injections each and every year for life. The cost may run, $1,000, $2,000, $3,000 to $4,000 a Botox shot. Nobody – but nobody – knows the long-term downside affects on the body.

Mitchell F. Brin, a neurologist, on March 10, 1991 at 3:00pm in Irvine, CA, said before hundreds of people that he wants to withdraw Botox (botulinum toxin) at the earliest possible time fearing the downside effects on the body. Botox and surgery were the treatments of choice for spasmodic dysphonia. In the front-page story March 2, 2003, Mitchell F. Brin emerged again as a leading source for the position that

Botox is giving those with spastic vocal cords back their voices, I believe. Dr. Brin is a Vice-President of Botox Development for the Allergan Company today. Dr. Brin was the medical source for Jane E. Brody's 1992 column which ignored cures of SD and endorsed Botox for SD.

I do appreciate your concern about those suffering spasmodic dysphonia and your fulfillment of getting back to me when another story is run on spasmodic dysphonia by the *New York Times*. You did get back to me. Unfortunately, it's not what I expected of the *New York Times* or of you, sir.

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

cc: Arthur Sulzberger, Sr.
Arthur Sulzberger, Jr.
Bill Keller
Cornelia Dean
Jane E. Brody

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June 30, 2005

Mr. Arthur Ochs Sulzberger
Chairman Emeritus
The *New York Times*
229 West 43rd Street
New York, NY 10038

Mr. Sulzberger,

On June 28, a lead editorial in the *New York Times*, the editorial reviews the Supreme Courts affirming the separation of Church and State. Perhaps it would be appropriate for the *New York Times* to take the same position as the Supreme Court, separation of the *New York Times* from endorsing Botox for spastic vocal cords? The documentation for the *New York Times* endorsement for spastic vocal cords does not have documentation or relevance to the position that Botox is giving back those with spastic vocal cords their voice.

In the *New York Times* editorial Weds, June 29, 2005, lead editorial headlines “President Bush’s Speech About Iraq.” The President continues to assure us all that there is a connection between Al Quida and Iraq justifying our war with Iraq against terrorism.

Why is it the *New York Times* can see so clearly about President Bush and report objectively on the Supreme Court but not objectively report on SD and spastic vocal cords that medically have no cures ever and cover-up cures of SD by my program of DVR.

Just asking?

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

Enclosures
cc: Arthur Sulzberger, Jr.
Nick Wade
Bill Keller
Cornelia Dean
Jane E. Brody

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July 5, 2005

Mr. Donald G. McNeil, Jr.
New York Times
229 West 43rd Street
New York, NY 10038

Mr. McNeil,

I read your report Tuesday, July 5, 2005, *New York Times* titled "Obstinate Patient, Insistent Doctor, New Test."

You sent me a fax on your March 2, 2003 front page story in which you wrote Botox is giving back those with spastic vocal cords their voices. You faxed me the 2002 one-page support for that statement from the *Annals of Otology, Rhinology and Laryngology*. Could you tell me who provided you with that fax? That is, who gave you the documentation from the *Annals of Otology, Rhinology and Laryngology* for you to fax to me? Obviously you aren't familiar with the medical literature on SD or Botox so you mentioned Dr. Mitchell Brin prominently in your front-page story. Was it Dr. Brin who provided this information to you, which you sent to me?

In your report on July 5, 2005 you write, Show me the evidence of heart disease, you told your doctor.

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

*Dr. Cooper's comments to himself.

July 11, 2005

How reverend is the sacred cow?
Medicine is the sacred cow telling us that strangled voices are due to neurological causes. It is called Spasmodic Dysphonia, or the strangled voices.
Is that theory and position real?
Does Spasmodic Dysphonia (SD) come from neurological causes? Or are they made up to be neurological when they are merely due to wrong voice use and masquerade as medical in nature or neurological?
Medicine has no cures ever of the strangled voice going back over a hundred and thirty years.
Dr. Cooper has cures of SD going back for thirty-five years.

How sacred is the cow?
How the *New York Times* covers up cures of SD, or the cover-up of cures of Spasmodic Dysphonia, at the *New York Times*

Cures of SD by all natural Direct Voice Rehabilitation (DVR)
The only approach to SD in the world reporting cures of SD

Gross indecency

Voicegate
The cover-up of cures of hopeless voices, spasmodic dysphonia, caused by deep throat talking

Voicegate
The cover-up of cures of hopeless voices by all natural voice care

Donald G. McNeil, Jr. who was his source for the documentation that he presented me one page, for the front page *New York Times* statement that Botox is giving those with spastic vocal cords back their voices?

No substantiation, no back up, no documentation, for me.

As a matter of fact and record, I have a number of cures, of SD, or hopeless voices…
The Botox voice bubble

I got my Botox fix from the *New York Times*
Front page *New York Times*, March 2, 2003
The Botox voices

Cures without Botox for hopeless voices or SD

Cures of hopeless voices called SD without Botox or surgery

How the medical world in ENT got it wrong on spasmodic dysphonia and made it hopeless in the face of cures

*Dr. Cooper's comments to himself.

July 11, 2005

How to project yourself with a right voice

Two starkly different views
1. Why the voice we talk with fails us
2. Why cures of hopeless voice are covered up in medicine
How it is done and why

She had no spasms of the vocal cords. She had severe Spasmodic Dysphonia (SD).
Botox didn't work for her. No voice back.

One doctor as the scourge of the medical SD cause and treatment for SD and the Botox voice.

Savvy medicine or Stone Age medicine?

The voice identity a key factor in onset of SD, which medicine has no inkling or interest in exploring…
Just get Botoxed, and make an appointment when you need another shot, and another, and another, four to ten times a year or more for each and every year of your life, and no hope for a cure.
Ever.
The state of medicine today for strangled voice, they call it the strangled voice or SD, Spasmodic Dysphonia.

Cures of hopeless voices, strangled voices medically called Spasmodic Dysphonia, a bright shinning light, turned off because it isn't a medical treatment.

To Sulzbergers: why not interview SD patients cured of SD, and do a story on cures of SD. Not on Botox or anything than cures? Then you balance out the story headlines in March 2, 2003, and Brody’s column, April 1992, and present a full paged story that lets people choose Botox or Direct Voice Rehabilitation (DVR), all natural cures of SD, with Botox not reporting a single cure ever, or medicine and surgery. Interested?

*Dr. Cooper's comments to himself.

July 16, 2005

Getting money from Allergan for the National Spasmodic Dysphonia Association (NSDA) is not something amiss. It is the American way to represent a point of view for a given view, or position. Botox. Their product, and every right to advertise it. But the NSDA is supposed to be a 501c, non-profit that does not take sides on issues.
It takes a side that seems clearly one-sided, Botox for Spasmodic Dysphonia (SD) and its NSDA endorses only Botox or surgery or speech therapy none of which report a single cure ever, but decline to allow its readers and those with SD to be given the choice of treatment that may provide a cure for SD. That is where I find fault with the NSDA, not with Allergan. I don't expect Allergan to support cures of SD. That would undermine Botox for SD, four to ten times or more a year, each and every year for life. Allergan wants to sell Botox. I have no objection to its fulfilling its bottom line, it is a for-profit company. NSDA is not a for profit company and the pubic and those with SD, and the media deserves better, a choice of treatment, as the medical world knows of cures of SD from the books sent to them in the past titled, *Stop Committing Voice Suicide* with cures of SD on the front cover, and handouts to the medics telling about cures of SD by my Direct Voice Rehabilitation (DVR).
On the NSDA's Newsletter's masthead—let me repeat what it says about its self: it is not to take treatment sides. It does. The NSDA does not honor its own charter requirements.

In 1997, at San Diego, they write they will discuss all angles about SD treatment.
Not so.
They presented only coping techniques, Botox, surgery and speech therapy. No cures.
I report ongoing cures of SD by my DVR.
They do not allow cures into their tent.

They use my ahem technique but do not give credit to me.

They ignore cures in favor of coping for life whatever approach they use, but in the NSDA newsletters and meetings, it is a medical approach to SD, Botox and/or surgery, but they do not report the downside effects which may be serious if not devastating about Botox or surgery.

Speech therapy cannot do serious harm, it is believed. But wrong therapy can do harm, and I have enough cases of SD who tell me of the harm to their speech they have experienced undergoing speech therapy. DVR is not speech therapy. It is the only approach in the world reporting cures of SD by its singular approach to SD.

I have no desire to alter the landscape of medical treatment for SD. I have a desire to afford choice of treatment.

That in and of itself can change the landscape enough to provide a level playing field often enough for patients with SD and other hopeless voices to decide for themselves what treatment they want knowing of choice of treatment that include DVR.

It makes sense they in medicine and the drug field endorse what they know best, and the treatment they are trained to provide, doesn't it?

But when there are no cures of what they do, perhaps it might be fair to ask them to provide choice of treatment? That seems traumatic enough doing that than one might think.

It might be frightening enough for those in medicine to deny cures exist as they do, and to deny that medicine might be amiss by what it does for SD and the premise they call it a paradigm that SD is medical and beyond a cure.

No the issue is not how much money Allergan gives to the NSDA. It is an issue that the NSDA that represents itself as independent of outside influences and seek to provide information, medical information to assist SD patients, why it persists in ignoring cures of SD? Because the cures are not medical. Because the cures of SD underline the fact that SD cannot be a dystonia or neurological or basal ganglia problem, etc., when cures of SD are reported ongoing by me for years and years by non-medical DVR.

It is because of non-medical cures that I believe the NSDA regardless of its source of funding by patients or Allergan is not inclined to tell the media, the public, the SD patients, and those they are aligned with such as the American Speech-Language and Hearing Association, cures of SD prevail, are lasting, and have a right to be listed a choice of treatment for all medical and academic practitioners.

But then doing so undercuts the presence of what the NSDA stands for, and represents, a medical treatment of SD and no cures. It is an oxymoron, a situation it cannot face.

What if SD is non-medical, as I noted, and prove time and again?

What if SD is not a basal ganglia problem, or a gene problem, or GERD problem, or any of the various theories in medicine that prevail but have no cures of SD? What then?

Why would a company give money to a non-profit that might side with it a for-profit company be able to survive? And flourish as the NSDA does with many SD groups, and meetings, and ongoing Botox shots and draconic surgeries?

Businesses be they companies of global organizations or small business have every right to present their side of the story about their products. That is fair.

To hide behind organizations that are non-profits and tout for profit companies as I find the NSDA does for Allergan is another matter. It is not a singular situation. For profit companies may lurk beyond the non-profit companies they support in one form or fashion or another be it money or ideology to ask ourselves, are we getting a balanced objective read out on what we are looking at by the non-profit companies?

There are I read recently, and hopefully memory is accurate, about thirty thousand non-profit companies that have eight trillion dollars in their system.

How many of these non-profit companies are funded by for-profit companies to represent for profit companies and may not give us a fair reading of what is objective and what is subjective?

The NSDA infused its presence in another non-profit company called the American Speech-Language Hearing Association (ASHA). That ASHA presents the view that the NSDA presents, Botox for SD, no cures of SD, and that SD is a neurological and medical problem, is one side of the program, and has insisted they remain independent of foreign influence and special interests from being represented in ASHA. It simply isn't true.

Money is the mother's milk of all companies, and all business.
But isn't there fair to ask, is there no other side to treatment and cause for SD other than a cause that has never reported a single cure of SD ever, in over 135 years, and loves coping, not curing, for life, with ongoing Botox shots and or draconic surgery or ongoing speech therapy and none of these approach able to report a single cure of SD?
Isn't there room for choice of treatment, a choice that reports ongoing cures and recoveries of SD by DVR?

The New York Times
229 WEST 43rd STREET
NEW YORK, N.Y 10036

DAVID CORCORAN
Assistant Science Editor

July 19, 2005

Morton Cooper, Ph.D.
11661 San Vicente Blvd., Suite 301
Los Angeles, CA 90049

Dear Dr. Cooper:

Your letter to Nicholas Wade was passed along to me by Arthur O. Sulzberger. As I said to you on April 19, in the absence of a correctable error I don't think there is anything to be done about an article we published in March 2003. I've now gone back and read that article; the reference to Botox as a therapy for spastic vocal cords was passing and, as far as I can tell, not inaccurate.

As I did with your previous letter, I'll pass the new one along to our health staff. I'm sure they will consider your comments when they revisit this issue.

Yours sincerely,

cc: Mr. Sulzberger, Mr. Keller

MORTON COOPER, PH.D.
A Speech Pathology Corporation

VOICE REHABILITATION
SPEECH AND LANGUAGE THERAPY

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August 5, 2005

Mr. Arthur Ochs Sulzberger

Chairman Emeritus
The *New York Times*
229 West 43rd Street
New York, NY 10038

RE: Cover-up of Cures
Spasmodic Dysphonia by the
New York Times

Mr. Sulzberger,

On behalf of the *New York Times*, David Corcoran of your Science Times responded to my inquiry about Donald G. McNeil Jr.'s front-page statement of March 2, 2003 that Botox is giving those with spastic vocal cords back their voices. This statement is unqualified, or not qualifying what kind of voice those who get Botoxed for Spasmodic Dysphonia (SD) get back. Mr. McNeil has presented a document, which is irrelevant to the statement he made on the front page March 2, 2003. I have that document which cites the *Journal of Otology, Rhinology and Laryngology*.

In your response to my inquiry, Mr. McNeil when asked by me in writing who is the source for the statement he made on March 2, 2003 declines to respond. I gather the *New York Times* is willing to abide with anonymous sources that do not document who is saying what about whom, etc., etc., etc. The statement made by Mr. McNeil is that he himself is not qualified to make the statement that he made, therefore somebody involved in medicine or the drug industry, gave him that statement. The question I ask is who gave him that statement? Who is the source for the statement? It is a simple question and I'm sure the New York Times wants to document what it's saying on the front page of the *New York Times* on March 2, 2003.

Mr. Corcoran in his response to me and to Dr. John Curtis, a syndicated columnist, is also interested in where the March 2, 2003 statement came from, sent me a response and I quote "In the absence of a correctable error, I don't think there is anything to be done about an article we published in March 2003. I've now gone back and read that article; the reference to Botox as a therapy for spastic vocal cords was passing and, as far as I can tell, not inaccurate." The statement is inaccurate and it is a correctable error.

Don't you people at the *New York Times* read your own copy that ran May 9, 2005, C6 that headlined "Panel At The Times Proposes Steps To Increase Credibility"?

There is a disconnect between your marketing of the *New York Times* and the reality of what you publish. The marketing and advertising headlines "What You Need To Know Next," and "The Need To Know."

What in the world does Mr. Corcoran mean when he says that Botox as a therapy for spastic vocal cords was passing? What does passing mean? Mr. Corcoran adds, "as far as I can tell, not inaccurate." Mr. Corcoran is not qualified to make a statement about Botox for Spasmodic Dysphonia because he's not familiar with the condition and neither was Donald G. McNeil, Jr. The statement that the *New York Times* endorsed fully on its front page of March 2, 2003, is inaccurate. As to Mr. Corcoran's defense of that statement of the front page of the *New York Times*, how can he in good conscience say, "as far as I can tell, not inaccurate?" Mr. Corcoran nor Donald G. McNeil Jr. are versed in what Botox can or cannot do for spastic vocal cords. Why the cover-up?

Mr. Corcoran says in passing along my previous letter to the *New York Times*, it will go into a black hole because that's what happens with my inquiries concerning an undocumented statement that is as I pointed out earlier, is monumental in endorsing Botox for Spasmodic Dysphonia without telling the patients that Botox for Spasmodic Dysphonia is for life, four to ten times a year of more, and at a cost of anywhere between $1000, $2000, $3000, $4000 or more a Botox shot, each and every year for life. There was no qualification in the statement by Donald G. McNeil that Botox is giving those with spastic vocal cords back their voices, about the quality of voice, the roller coaster ride that takes place when one gets a Botox shot for Spasmodic Dysphonia, the serious consequences from the Botox shot that are unreported and much more.

Mr. Corcoran says of the *New York Times* Health Staff, "I am sure they will consider your comments when they revisit this issue." I doubt they will change their collective minds at the *New York Times* that Botox for spastic vocal cords should be qualified as to what is involved in it. Additionally, your newspaper should come clean and present who the source was for the statement by McNeil because the statement is not only unprofessional, it is unbecoming of the *New York Times* not to document what it is wholeheartedly endorsing for people not only with Spasmodic Dysphonia, but for the media and the public.

Is there no sense of fair play and balance by the famed *New York Times* that says they will provide balance in what is relevant to know about?

Mr. Sulzberger, Sr., and Jr., Mr. Bill Keller, Ms. Brody, Mr. Wade and Mr. Corcoran, there is something terribly wrong with your defense of McNeil's statement on the front page of the *New York Times* that Botox is giving those with spastic vocal cords back their voices.

Ironically, the issue may not be Botox itself. It is the fact that you decline to provide the presence of cures of Spasmodic Dysphonia and remain committed to a palliative treatment, Botox for life. Is there no sense of balance in your reporting on the condition that is curable and has been cured by me for thirty-five years in major publications and in peer-review as well as my appearances at famed medical centers reporting cures of Spasmodic Dysphonia by Direct Voice Rehabilitation? I fear the problem with the *New York Times* is that if a cure is not medical as with Spasmodic Dysphonia, the New York Times appears to be uninterested or disinterested in non-medical cures of what the medical community believes is hopeless when there is not only hope but there are cures for Spasmodic Dysphonia by non-medical all natural voice care called Direct Voice Rehabilitation.

Are we to continue parlor games Mr. Sulzberger, Sr., and Jr., Mr. Bill Keller, Ms. Brody, Mr. Wade, and Mr. Corcoran, endlessly?

Most cordially,
Mort Cooper
Morton Cooper, Ph.D.

MC/aa

cc: Mr. Arthur Sulzberger, Jr.
Mr. Bill Keller
Mr. Nick Wade
Mr. David Corcoran
Ms. Jane E. Brody
Mr. Roger Ailes

*Dr. Cooper’s comments to himself.

August 22, 2005

The *New York Times* raves about Botox for Spasmodic Dysphonia (SD) on its front page March 2, 2003, and doesn’t provide documented source, or backup for its “Botox is giving those with spastic vocal cords back their voices” statement written by Mr. Donald G. McNeil, Jr.
The *New York Times* says it doesn’t take position on a given drug or treatment in exchanging correspondence with me. It does. It ignores its own no-participant stance to rave about the Botox for SD voice.
The joys of Botox, and its pleasures from the boys and girls at the *New York Times* taking an unbalanced position, covering up its naked flank, and rushing headlong into front page Sunday print praising the Botox voice shot to the world.

The key to the discussion about SD is, cures of SD by all non-medical, all natural voice rehabilitation by Dr. Mort Cooper.
Medicine guarantees no cures of SD, as does its allies in academia, the American Speech Language and Hearing Association (ASHA), and elsewhere, ignoring cures of SD right in its collective faces, and ears and hearts and minds.
The medical mind is made up about SD, and that mind is mindless about cures of SD that stands right before it year after year but is not acceptable to medicine and its allies because it undercuts the failure of medicine to cure while acknowledging cures of SD by all natural Direct Voice Rehabilitation (DVR) from Cooper.

Then there are the additional problems with Botox: it is experimental, it is not directly approved by the FDA thereby not required to report serious side effects from Botox for SD. I report the serious side effects in my books and reports because I hear them, seem them, meet the patients suffering the serious side effects and know of them, but not finding such serious side effects in the medical literature or in the academic literature.

Something isn’t right.

Am I the only doctor in the world recording serious side effects from Botox or SD? Or are these serious side effects not being recorded or rather reported by doctors and clinical around the world?

If not, why not?

You don’t get liked reporting serious side effects of Botox for SD I find when you go up against the major medical views that Botox is the state of the art and treatment of choice, and that the Botox dosage is precise, when it isn’t, that it is a dystonia or medical or basal ganglia brain problem or neurological problem when it cannot be because it is curable, and the SD voice can be changed basically within seconds or minutes but takes time to realign and retrain, but isn’t given choice of doing so by the one approach in the world that reports ongoing cures of SD, DVR.

The cover-up of cures for SD is one item.

The lesser items may not be less as medics guarantee to their SD patients there are no cures while I report ongoing cures for thirty-five years, and have published in peer-review verifying that SD is not a medical problem. I don’t practice medicine, the medical people practice voice rehabilitation and fail at it, not knowing what to do for strangled strained voices called SD.

Interesting.

A medical license appears to make medical specialties into the best and brightest in voice rehabilitation when the ENTs aren’t trained in practical voice rehabilitation and don’t know what to do for SD voices let alone other troubled voices.

ENTs are trained to cut out growths, or inject implants into vocal cords and do the most serious and deserving of treatments, cancer and malignancy problems of the ear, nose and throat. They are not trained to redo voices that are failing such as to help them work better, feel better, or sound better because it isn’t what they do, and haven’t done, and aren’t interested in doing. They are surgeons, and care to do their thing, surgery in one form or other. Botox is a form of surgery an implant into the vocal cords to help relieve SD symptoms, not cure, cope. My approach to SD is to help cure SD and of that I do that ongoing.

The New York Times
229 WEST 43rd STREET
NEW YORK, N.Y. 10036

DAVID CORCORAN
Assistant Science Editor

August 26, 2005

Morton Cooper, Ph.D.
11661 San Vicente Blvd., Suite 301
Los Angeles, CA 90049

Dear Dr. Cooper:

To repeat, Donald McNeil's reference to Botox "giving patients with spastic vocal cords back their voices" was a passing reference in a 1,700-word article that appeared more than two years ago. Nevertheless, I asked Mr. McNeil to go back once again and provide the basis for the statement. Here is his response:

> I found multiple references in the medical literature abstracts to using Botox for spasmodic/spastic dysphonia.
>
> The most-cited studies are those of Blitzer, Brin, Fahn and Lovelace of the Depart of Otolaryngology at the Columbia U. medical school.
>
> I found citations in Laryngoscope, Feb 1988 and Movement Disorder 1989
>
> Journal of Voice Dec 1996 reported work by Crary, Kotzur, Gauger Gorham and Burton of the Dept of Communicative Disorders at the Univ. of Florida Health Science Center
>
> Journal of Voice Sept 1998 reported work by Fisher, Giddens and Gray of the Dept of Communications Sciences and Disorders at Northwestern U.
>
> The successful use of Botox for the problem is mentioned in many articles other than mine, including one from the Cerebral Palsy network.

I think there is really nothing more to be said about this.

Yours sincerely,

cc: Mr. Sulzberger Sr., Mr. Sulzberger Jr., Mr. Keller, Mr. Wade, Ms. Brody, Mr. McNeil

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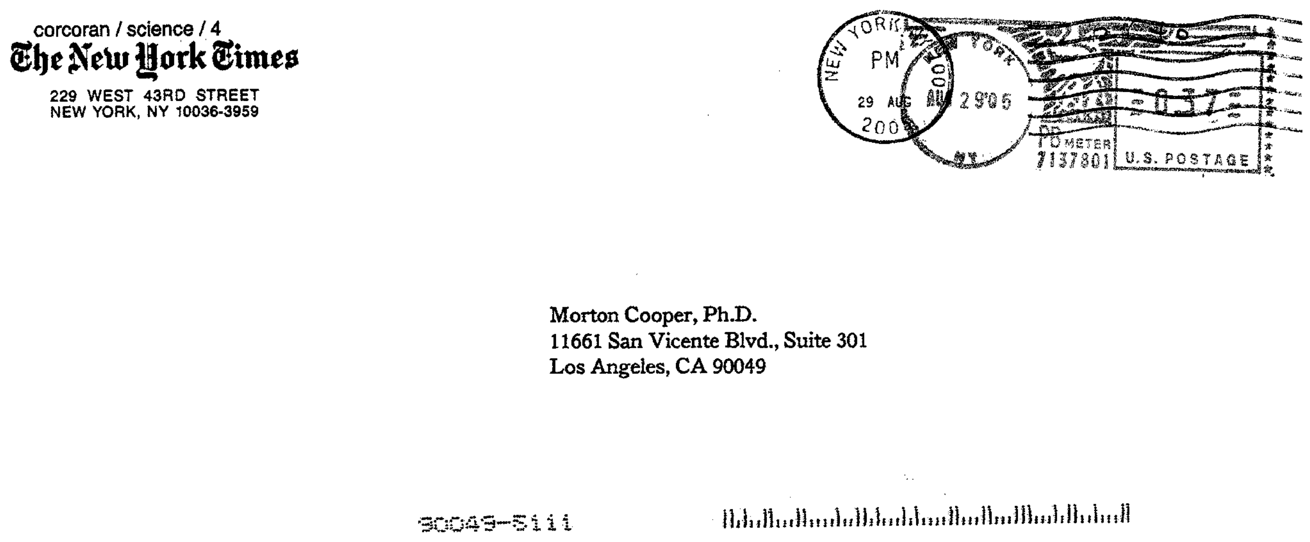

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November 1, 2005

RE: Correctable errors on Spasmodic Dysphonia at the New York Times

Mr. Arthur Ochs Sulzberger
Chairman Emeritus
The *New York Times*
229 West 43rd Street
New York, NY 10038

Hi, Mr. Sulzbergers, Sr., Jr., Bill Keller, Executive Director, Jane E. Brody, Donald G. McNeil, Jr., Nick Wade, Robert K Altman, MD, and Mr. Corcoran, owners, editors and columnists for the *New York Times* on the Botox voice and no cures of Spasmodic Dysphonia (SD) and cures by all natural Direct Voice Rehabilitation (DVR) and me.

I follow what you write at the *New York Times* about SD. Brody and McNeil, Jr. recommending the medical treatment and medical cause of SD. It is committed to hopelessness for SD. Botox and surgery are the best that medicine can do. There are no medical cures ever of SD. Poisoned vocal cords named Botox, Bo for Botulinum and Tox for Toxin, cuddly and lovable. Botox is for lifetime shots four to ten or more each and every year for life.

I report ongoing cures of SD. Botox for SD has no cures ever. It is only coping. Botox has unreported side effects.

One against all, the entire medical profession worldwide, the Goliaths in drug companies, Allergan, the Botox maker, and Merck the bible for drug information, the American Speech-Language and Hearing Association (ASHA), and friends of Allergan, the National Spasmodic Dysphonia Association (NSDA), all assuring the public, the media, and SD patients, there are cures of SD while I continue to report documented SD of SD from the top medical centers, the best and brightest in medicine and the brightest of lights in academia, who all don't have a single cure to their respective name and paradigms, that SD is a dystonia, incurable, and Botox the treatment of choice.

You are out of your league on what is going on with SD care. You do not have the clue that Mitchell F. Brin, neurologist is an ideologue on SD, bringing neurological cause though he doesn't know voice use, and you at the *New York Times* accept the false and pretentious ad you post in Brody's column, and then with McNeil, Jr. who too doesn't have a clue what he is writing saying "Botox is giving those with spastic vocal cords back their voices." But he isn't experienced enough to come up with that statement.
He cited a totally false and outrageous study done in the Journal of Otology, Rhinology and Laryngology as "documentation" on that front-page ad, and full endorsement for lifetime poisoned vocal cords. He doesn't know Botox is for four to ten times a year or more each and every year, he doesn't cite the downside of Botox after each Botox voice shot, a roller coaster ride to hell, not as you officially endorse, a trip to heaven, and a panacea for what ails your SD voice, as you do blithely.

You at the *New York Times* take drug handouts given your reporters as is demonstrated clearly in Science Times. And then you have the chutzpah to have an assistant editor tell me, the statement, "Botox is giving those with spastic vocal cords back their voices," "passing" as he adds "as far as I can tell." Right out of the lawyer's mouth to David Corcoran, I believe. As far as I can tell? What can he and the *New York Times* tell about SD? You have no personal experience clinical or otherwise with the Botox voice and the roller coaster ride Botox subjects SD patients to.

Try Botox for your voice and see. You listen to medical people because that is whom you believe in, trust in, and honor, even when they don't have a single cure ever of SD, though treating SD for a hundred and thirty five years and still not one single cure. And you tell your uninformed SD patients, and the media and the public, as Judith Miller and Jayson Blair did, cockamamie tales that turn out to be false. You mislead those with SD, ignoring cures of SD because it goes against the grain of the medical model, and medical paradigm that remains in dark age medicine, and you wholeheartedly and blindly endorse fully the Botox voice, not knowing its negatives and not balancing your take on Botox for SD.

You endorse absolutely the poisoning of vocal cords in the name of a misleading and false paradigm by medicine, never a single cure.
You show no restraint in your "ad" for Botox voices for SD.
Expect the world?
All the news fit to print?
And endless other bon mots, and cruelties that are not shared by me, and my clinical experience with SD.
You show no concern for fair play in your cause and treatment of SD.
Your official position thru Brody, and then McNeil, Jr. is misleading as to treatment that medical SD care, surgery, or Botox, as the state of the art and treatment of choice, when that art, is self-serving to medicine, but not true. Your backup for McNeil's statement is gobbledygook. It is a joke, and you adhere to it.

Did you know that Mitchell F. Brin, neurologist, the source of Brody's March 11, 1992 was the same Mitchell F. Brin March 10, 1991 at Irvine, CA, at three pm before hundreds said he wanted to withdraw Botox at the earliest possible time fearing the long term downside effects on the body and added when asked, what substance would replaced Botox, answered, there are many substances that could do.

Did Brody know then of a year earlier what Dr. Brin had said? Allergan sponsored that meeting on SD as it does many meetings on SD and knows of cures of SD by me, and declines to allow me to represent cures at the national meetings. That Allergan sponsors Christy Ludlow, Ph.D., of the NIH at meetings who refuses to allow cures of SD into the Allergan sponsored meetings because I don't have phase one, phase two, and phase three before the FDA. I answer her, to you, as I did to her, SD is not a medical problem, never was, and isn't now, and that is why I can report ongoing cures of SD, and medicine none, ever and that is by Botox or surgery the so-called two best shots medicine takes at SD without a cure ever now, or back to Traube in 1871 and not one single cure. What does that say of your believed medical paradigm and your belief in medical SD voice care Mr. Sulzbergers Sr. & Jr.?

Surgery has left 2/3 of those undergoing it worse off after than before. So reports the official position of ASHA, the American Speech-Language and Hearing Association, 1994.

Does Jane E. Brody, and you, the owners of the *New York Times* care to recognize you are on the wrong road ballyhooing surgery then in Brody's column and now on the front page, March 2, 2003, Botox? "Botox is giving those with spastic vocal cords back their voices," you endorse the Allergan hype with Botox for SD.
You don't tell of the roller coaster ride each and every time after the Botox shot, the ride to hell, ongoing for life, four to ten times or more each and every year for life.
You don't tell that Botox SD dosage is experimental, and Russian Roulette in outcome. You don't tell of serious side effects from the Botox voice for SD. You don't tell of Dr. Gerald Berke's statement in December 1999 in the NSDA newsletter, the official mouthpiece of Allergan, I find, reporting the dangers of Botox voice, and it is four to ten times a year, and I repeat or more, and each and every year for life.

In the December, 1999 National Spasmodic Dysphonia Association Newsletter, page 7, Dr. Gerald Berke, Chairman of UCLA Head and

Neck Division reports regarding Botox (botulinum toxin): “...there are some obvious drawbacks. It requires lifelong visits from 4 to 10 times per year for repeat injections. The injections are not inexpensive. The interval between post injection breathiness, good voice, and the return of symptoms may not be very long in some patients. Hypersensitivity and antibody formation have been shown to produce some long term structural changes in muscle cells.”

You don’t care to investigate why the NSDA that gets money from Allergan for its website, its chat room, and its newsletter seeks to force me to recant on cures of SD, October 14, 2000 with Peggy Akin, its meetings scheduler, and you don’t care to print my ongoing cures at ASHA dating back to 1974, with cures of SD, verified proven SD in 1979, 1980, and November 2000, a month after Peggy Akin of the NSDA demanded of me I not report cures of SD and would feature me then in the NSDA newsletter and that she said when demanding I meet with her October 14, 2000, Saturday at the last minute, I could record her because I told her point blank, I didn’t trust her, and she said, I have nothing to hide, you can record me. So I did.
And my exchange with her is startling.
She lost the cures of SD video and audio given her, the telephone numbers of those cured of SD, of which she could call and verify cures of SD with the Rev. James Johnson diagnosed with SD at the Mayo Clinic, and others diagnosed with SD at UCLA Medical Center and cured of SD lastingly. It was accomplished by my Direct Voice Rehabilitation program of which you don’t give one damn, or show an interest in investigating.

You at the *New York Times* take handouts for drug companies, I find, on SD, and the medical profession because it represents your “thinking” on SD, too, given it is by medicine, not all natural non-medical, DVR. Talk about being deaf to reality and out to lunch on a given field, you at the *New York Times* pride yourselves there as informed, knowing able and not taken in by self-serving special interests.
My oh my.

Maureen Dowd talks in her column about a reporter running amok, and naming Judith Miller. Have you looked at Jane E. Brody, and Donald G. McNeil, Jr. closely?
Who approved that statement, "Botox is giving those with spastic vocal cords back their voices?" Mr. Sulzbergers Sr. & Jr.? And you too, Bill Keller? Who???
Do you check your sources out before blatantly running their statement about SD?
I have written a book about who says what, when, where and the connections they have to drug companies such as Allergan the maker of Botox.

You have blind faith in those in medicine whom you worship as knowing what they are doing for SD though they don't have a single cure ever of SD. You don't give freedom of choice for treatment to those with SD. You don't let the public and media know there is hope for SD and cures of SD. SD is not hopeless and incurable as your best and brightest in medicine assure all, SD patients, the public, the media and each other. That is false and hypocritical because the best and brightest are aware of my reporting of cures of SD as I sent ten thousand books to them reporting cures of SD and saying so, on the front of *Stop Committing Voice Suicide*.

I now send you a two pager as the opening campaign I am doing to make you once more aware and those in medicine, ENTs, that SD not a medical problem, never was, and isn't now because I can't cure a medical problem.
I can help cure non-medical problems called SD because SD is simply a severely misused voice, not a dystonia, or basal ganglia problem, or neurological problem. I am well aware of the literature involving SD. SD Is not a medical problem from my clinical experience.

You do know that 96 percent of all drug studies are sponsored by drug companies.

I don’t trust what drug companies report, vetting their studies as needed and is that true too of Botox by Allergan, too?

You at the *New York Times* are determined to remain in dark age SD medical care, and endorse fully, absolutely, blithely, Botox for life, and no cures ever for SD.

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

cc: Mr. Arthur Sulzberger, Jr.
Mr. Bill Keller
Mr. Nick Wade
Mr. David Corcoran
Ms. Jane E. Brody
Mr. Donald G. McNeil, Jr.
Mr. Roger Ailes

Enclosures

From *Curing Hopeless Voices The Strangled Voice (Spasmodic Dysphonia) & Other Voice Problems with Direct Voice Rehabilitation, An Alternative to Botox, pages, 14-16*

When patients go to doctors, they expect drugs as the first line of treatment. Treatments that don't involve drugs or surgery lie outside the medical paradigm and the pharmaceutical industry. Alternative therapies or treatments are viewed with deep skepticism by those practicing inside the medical paradigm. That same skepticism easily transfers to patients considering non-medical options but now worried that alternatives lack scientific precision and effectiveness.

Unless patients with the strangled voice surf the Internet or perform their own independent research, it's unlikely they'd even know about my program of Direct Voice Rehabilitation—a proven, non-medical treatment for spasmodic dysphonia with a 35-year track record ongoing cures, recoveries, and improvements.

Today's medical training leaves physicians dubious of non-medical approaches that don't carry the endorsement of the pharmaceutical industry or prestigious medical associations. Only drugs or procedures getting medical approval are viewed as legitimate treatments, irrespective of whether they get results. Differing definitions of medical outcomes also confuse the picture in the treatment of the strangled voice. Whether voices improve or not, the medical outcome is considered effective with reductions in vocal cord spasms. Listening to voices before-and-after Botox or surgery is usually not part of the medical paradigm for assessing results of medical treatment with spasmodic dysphonia.

For all too many patients I see, it's "the Botox voice"—a disfigured shell of the former voice, superimposing vocal cord paralysis on an already strangled voice. Patients submitting to Botox treatments, of course, expect normal voices, not deformed artifacts of their premorbid voices. Yet all too often I find following repeated Botox treatments, the voice doesn't snap back as expected.

If the voice does snap back, it is for all too often short periods of time, so short it may be considered a roller coaster ride. Another Botox shot is given and so one may be given a Botox shot every two weeks, or month or on average four to ten times a year, each and every year for life. Does it help? I have encountered SD patients who have had 1, 3, 5,10, 20, 30, 40, 50 shots without getting a normal voice and sometimes losing their voice. Patients tell a litany of trying Botox shots, once a month with never a return of any voice; some having had 10 shots, and no normal voice to speak of; another 20 Botox shots and no normal voice to talk with. An SD patient tried 17 Botox shots, 16 failed to return a voice, over 4 years. Another tried 45 Botox shots over 15 years and had only a whisper voice from Botox. Asked why she didn't stop, "my doctor told me to continue." Another SD patient had 50 Botox shots and still no voice to speak with. He gave up on his own. Keath Fraser, author of *The Voice Gallery* tried a number of Botox shots for years. He gave up. He reports others trying Botox shots find limited results though they may undergo many shots. Some may get some relief on one of many shots, and others no relief and no normal voice found. Botox is extensively iffy in outcome. Tom had 46 shots over a period of eight years. Not one of those shots gave him any relief. A young lady had a Botox SD shot and reported to her ENT specialist that her hair was falling out, rashes on her body, and that her lip now had a tremor. The ENT assured her it wasn't from the Botox shot but from the dystonia. The Reverend Sellers had one Botox shot only to lose his voice for six months. Others tell of losing their voices for weeks and months. Botox shots are well intentioned, humanitarian and compassionate in seeking to help SD patients and other voice problem, but…

A well-known ENT doctor who reports how successful Botox is for his SD patients leaves out his notable failures. Another ENT is quoted in national news as praising his SD successes, ignoring a failed case after two Botox shots left his SD patient with bowed vocal cords, and no voice, only a bare whisper.

A spasmodic dysphonic patient underwent a surgical procedure for SD only to find she was left with a whisper for a voice. She reports her doctors told her, her vocal cords came together on the vowel "e" ninety to one hundred percent of the time. But when talking, she had no voice to speak with. And on other vowels her vocal cords were not functioning normally. It appears to suggest the patient talk only on "e" vowels? The definition of "success" leaves the patient and the outcome in question. The surgeon's definition of "success" may impress other physicians, but does it make sense to the patient? Meanwhile other SD patients who underwent surgery tell of the loss or serious impairment of their voices on the Internet and elsewhere. Doctors do not basically report their failures. A famed ENT, when asked about his successes with a new surgical procedure described in a medical journal, told his audience all the successes failed, but assured them, you do not report your failures.

Doctors report their successes, not their failures, it seems. And they report on the "honor system." That may mean there is no check on their successes. And their failures. What is real?

Dazzled by High-Tech

Another interesting bugaboo for patients seeking treatment for spasmodic dysphonia is their fascination with high-tech procedures. Most patients think "exotic" conditions like the strangled voice can only be treated with the aid of sophisticated computer technology, high-tech equipment, MRI's, Cat Scans, and more. Pop culture, through TV and film, convey images that high-tech, today's modern science of medicine has answers for everything. Without high-tech props like videostroboscopy, phonatory printouts, computer technology, patients become skeptical, lose faith and develop pessimism over treatments. Medical offices and medical centers satisfy the desires of patients for fancy electronic equipment believed essential for effective treatments and successful outcomes.

From *Curing Hopeless Voices The Strangled Voice (Spasmodic Dysphonia) & Other Voice Problems with Direct Voice Rehabilitation, An Alternative to Botox, pages, 112-117*

A leading laryngologist defines “successful” on SD by surgery when the vocal cords come together on the vowel “e”, even though the SD patient has no voice to speak with except a whisper. **I define “success” differently.** I pointedly separate myself from “successful” and “effective” which can mean failure is success and effective is a roller coaster ride for life from Botox’s Russian Roulette use for SD. **I report cures.** A cure means the normal voice is back and is natural, automatic and lasting. A vast difference. Lundy adds I “admit to holding a contrary view of the commonly held beliefs about the etiology and standard of care.” Take medical care for SD. It has yet to report a single cure. The medical community (which Lundy is associated with) “admits” it has no cures of SD, ever. Lundy is also involved with the NSDA as a SD support group leader. A *USA Today* story in April 2004 characterized Botox as the cat’s meow and a godsend, running a story, “Botox Eases Voice Disorder.” ASHA claims it maintains neutrality concerning treatments for SD. Yet, ASHA exclusively links to the NSDA and the Dystonia Medical Research Foundation’s information about SD being incurable, a neurological condition and Botox the treatment of choice.

In 1993, ASHA’s official position was that there are “no cures of SD.” Since this official ASHA position was reported in the ASHA Magazine, I asked Russ Malone, Ph.D., the editor of ASHA Magazine, who was responsible for the official ASHA position on SD. Malone did not respond. I then e-mailed Diane Paul-Brown, Director for Clinical Affairs for ASHA, asking her who was responsible for that official ASHA position that there are no cures for SD in 1993. She e-mailed me back, saying Dr. Malone did not recall who was on the committee. I found the official ASHA position to be undocumented. Was there a committee?

In 1994, the official ASHA position was revised to read that SD is incurable again, but this time, ASHA stated that Botox was the treatment of choice and that SD was a dystonia. I again inquired who was on the committee that reported this official ASHA position. Dr. Jeri Logemann, President of ASHA in 1994, wrote to me, “ASHA has developed a fact sheet on spasmodic dysphonia for consumers. The fact sheet was reviewed by a group of professionals including Dr. Arnold Aronson and Dr. Christy Ludlow. The National Spasmodic Dysphonia Association also reviewed the fact sheet.”

I contacted Dr. Ludlow, who e-mailed me stating “I was not involved in establishing an ASHA 1994 position..., I was not aware that ASHA had a position statement in SD.”

Dr. Aronson emailed saying “I was NOT involved and have never been in any ASHA SD review.”

In 2004, ten years after Dr. Logemann wrote to me in 1994, both Drs. Ludlow and Aronson were positive they were not involved in the 1994 revision of what became the ASHA official position on SD. Dr. Logemann wrote that she did not remember writing to me; I sent her a copy of her letter sent to me for her files. Apparently the only source for the ASHA official position on SD turned out to be the NSDA, which gets funding from Allergan, the maker of Botox.

On August 20, 2004 I asked Dr. Logemann by email, “Could you please tell me who was involved in the NSDA other than Ludlow or Aronson? I’d be most appreciative if you could jog your memory as you were directly involved with that SD position outcome.” She answers, “Hello Morton, Good to hear from you. I’m sorry to say my memory on that issue is unjoggable. Ten years is a long time. I’m afraid I can’t help you there. You might try someone at ASHA.” (Interestingly enough, both Dr. Ludlow and Dr. Aronson remembered ten years later that they were not involved.)

As Dr. Logemann suggested, I tried someone else; I contacted the Executive Director of ASHA, Arlene Pietranton, Ph.D. in November 2005, in an email, as follows:

"Could you please be kind enough to tell me who invited the National Spasmodic Dysphonia Association (NSDA) to review ASHA's official position on SD in 1994?"

Dr. Pietranton answered in the following email:

"In response to your question – ASHA published a fact sheet for consumers on spasmodic dysphonia in the early 1990's. The fact sheet is out of date and has not been distributed for at least five years. The fact sheet was not an official ASHA policy document. We d not have any record of the ASHA members who were asked to review the fact sheet; however, we have no recollection of inviting the National Spasmodic Dysphonia Association (NSDA) to review it."

The official ASHA SD fact sheet in 1994 was only reviewed by the NSDA. Diane Paul-Brown, the Director or Clinical Affairs, states, that after the official SD fact sheet was written, the records pertaining to who was involved were destroyed.

Dr. Pietranton said that ASHA in 1994 published the fact sheet for consumers; this means that those with SD were told in writing that there are no cures of SD, that SD is a neurological problem, and that Botox is the treatment of choice. Dr. Pietranton adds that the fact sheet is out of date and has no been distributed for five years. This is inaccurate. The official SD fact sheet remains in place since 1994 until the present time. This fact sheet was slightly revised in 2001.

As of February 22 2006, ASHA links its website on Spasmodic Dysphonia to the NSDA www.dysphonia.org as well as the Dystonia Medical Research Foundation www.dystonia-foundation.org/defined/spasm.asp. On the Dystonia Medical Research Foundation's website, the following information is provided to those looking at this website: "The design and implementation of the Dystonia Foundation's website was made possible by a generous educational grant from the Allergan Foundation." If you look on the NSDA's website as of February 22, 2006 you will find the following statement: "The design and implementation of the National Spasmodic Dysphonia Association website was made possible by a generous educational grant from the Allergan Foundation." If you look at the Dystonia Medical Research Foundation's website as of February 22, 2006, you will find this statement: "In addition, the National Spasmodic Dysphonia Association, managed by the Dystonia Medical Research Foundation, offers further support to those persons affected by SD. The NSDA also works, under the umbrella of the Dystonia Foundation, to advance medical research into the causes of and treatments for spasmodic dysphonia, promote physician and public awareness of the disorder, and sponsor support groups for patients and their families." Both the Dystonia Medical Research Foundation and the NSDA receive grants from Allergan.

Dr. Pietranton said that the fact sheet was not an official ASHA policy document. As far as I can tell, ASHA has an official policy that SD is incurable, that SD is a neurological problem, and that Botox is the treatment of choice. As mentioned above, Dr. Pietranton wrote: "We do not have any record of the ASHA members who were asked to review the fact sheet…" Dr. Jeri Logemann, President of ASHA in 1994, officially reports three sources were involved in the ASHA SD fact sheet, Dr. Christy Ludlow of the NIH, Dr. Arnold Aronson of the Mayo Clinic and the NSDA. Both Dr. Ludlow and Dr. Aronson, in writing, say they were not involved. Dr. Logemann and Dr. Pietranton have informed me that they have no recollection who invited the NSDA to review the fact sheet. How then did the NSDA become the only source for ASHA's official SD position since 1994 and remains in place at the present time?

Those with SD, looking at the premier organizations dealing with SD, the National Spasmodic Dysphonia Association and the Dystonia Medical Research Foundation, both non-profit organizations are leading us to believe that there are no cures of SD. This is in the face of my reporting on-going cures at ASHA National Conventions in 1974, 1979, 1980 and 2000. I have peer review of cures in the

International Association of Logopedics and Phoniatrics, a prestigious international organization.

Both of these organizations do not appear to be neutral on treating SD. The NSDA declines to report cures of SD by me in its newsletter and website. The NSDA receives grants from Allergan, the maker of Botox, for the NSDA website, SD support groups, national and local meetings and for its NSDA newsletter, as NSDA's website reports. One of the high representatives of the NSDA visited me on October 14, 2000 and insisted I not report cures of SD in exchange for a featured report in the NSDA newsletter if I called my cures "effective care." I declined to do so. I presented SD patients cured of SD to the NSDA official. She "lost" the SD patients cures of SD and their telephone numbers by my DVR program. She also "lost" the cures of SD video and audio of cures of SD by my DVR program. Again, I sent her the list and the audio and video of cures of SD. I did not hear from her regarding my cures of SD.

Wrap Up

No one, including the drug Botox maker Allergan, knows the long-term health risks from prolonged Botox use. The *New York Times* on March 2, 2003, on the Sunday Edition front page, proclaimed, "Botox is giving those with spastic vocal cords back their voices." What kind of voice? Has anyone at the *New York Times* heard the Botox voice? Have you heard the Botox voice?

To: Arthur Sulzberger, Sr., & Jr., Bill Keller, etc.

November 6, 2005

The war in Iraq began March 2003.
The war on cures of SD remained in place by the *New York Times* March 2, 2003 with its front page blazoned reporting, “Botox is giving those with spastic vocal cords back their voices.”
It was undocumented, and not sourced.
It remains unsourced still, though Donald G. McNeil, Jr. has been asked to tell who gave him that quote, he hasn’t done so.
McNeil, Jr. is a general writer. He doesn’t know what Botox does for those with strangled strained voices or spastic vocal cords.
Someone gave him that statement, sourcing him. McNeil, Jr. declines to tell who. Why?
The same front page, the same article, McNeil, Jr. quotes Dr. Mitchell F. Brin, a neurologist and currently a Vice President of Development for Allergan the maker of Botox as saying that Botox is the next penicillin. Perhaps. But penicillin saves countless lives, curing pneumonia and other deadly conditions. Botox is not curative. It is palliative, and toxic, and for life as with Botox for strangled spastic voice, four to ten times a year, or more, and each and every year for life.

The maker of Botox has a land office business with ongoing lifetime Botox shots. The front page report March 2, 2003 of the *New York Times* does not qualify its statement for spastic vocal cords as needing ongoing Botox shots, four to ten or more each and every year for life. Nor does the statement qualify itself that the Botox does is not precise though a National Spasmodic Dysphonia Association (NSDA) video made for Botox support characterizes Botox as precise, and strangled voices incurable. Strangled voices, medically called spasmodic dysphonia is curable and the *New York Times* is aware of cures of the strangled voice but declines to balance its storyline, ignoring cures as they are not what the *New York Times* has in mind, dating back to Jane E. Brody’s March 11, 1992 column fully endorsing Botox for spastic

vocal cords and spasmodic dysphonia, along with surgery too.
Brody was sourced by Mitchell F. Brin, the same neurologist who was sourcing the front page *New York Times* in March 2, 2003 eleven years later as then. Mitchell F. Brin a neurologist, informed Ms. Brody that there are no cures of SD, and that Botox which he brought to the field of spasmodic dysphonia in 1984, were the choice of treatments, medical treatments for SD. Dr. Brin also touted surgery for SD.
That surgery has left 2/3 worse off after the surgery some near twenty years later as before the surgery, says the nationally known American-Speech-Language and Hearing Association (ASHA), in 1994, reviewing the outcomes of surgery for SD.
I wonder if that same outcome is not visiting those with Botoxed vocal cords, the same or near figure for SD, too.

My clinical experience as a voice expert and specialist in SD leaves me concerned that Botox is creating not the outcome that the *New York Times* wrote gloriously of, Botox is giving those with spastic vocal cords back their voices, but a voice that is a roller coaster ride that has Russian roulette outcomes and at times serious side effects not reported. Botox for SD is an orphan or off label drug, there it is not necessary for medical doctors to report serious side effects.

Allergan the maker of Botox has not sought direct approval of Botox for SD. It would require physicians to report serious side effects then. One ENT doctor, Gerald Berke, ENT, Chair of the Head and Neck Division UCLA Medical Center reports as follows on the outcomes for Botox for SD: In the December, 1999 National Spasmodic Dysphonia Association Newsletter, page 7, Dr. Gerald Berke, Chairman of UCLA Head and Neck Division reports regarding Botox (botulinum toxin):
"...there are some obvious drawbacks. It requires lifelong visits from 4 to 10 times per year for repeat injections. The injections are not inexpensive. The interval between post injection breathiness, good voice, and the return of symptoms may not be very long in some patients. Hypersensitivity and antibody formation have been shown to produce some long term structural changes in muscle cells."

My clinical experience with Botox for SD and spastic vocal cords does not substantiate the front page *New York Times* statement that Botox is giving those with spastic vocal cords back their voices. It is a roller coaster voice, a post Botox voice, as Botox paralyzes the vocal cord or cords and the voice fades out, and then in hopefully with a better voice, the in and out and out of voice to a whisper or breathiness returns and is repeated four to ten times year or more each and every year for life.

Aside from the dosage not known and experimental in nature and assurances by the National Spasmodic Dysphonia Association (NSDA) given donations of money by Allergan the maker of Botox, the dosage is precise.

The *New York Times* believes it has the story of Botox for SD right, and says having read the objection on my part to its front page statement characterizing Botox as what those with SD should undergo, it assures me, as far as it can tell, the accuracy of the statement remains in place. It is not a correctable error, the source answering my inquiry to Botoxing giving those with spastic vocal cords back their voices, and adds, as far as I can tell, the statement is not inaccurate.

The official from the *New York Times* assistant editor in the Science Times of its newspaper as far as I can tell has no experience in judging the Botox voice, from Sulzberger's Sr. and Jr. on down thru its various editors, Joseph Lelyveld, Howell Raines, and currently Bill Keller.

As far as they can tell, I will bet they don't know a thing about the Botox voice other then what they are told by Mitchell F. Brin, neurologist, what they are given to read about and others in medicine, and believe Allergan handouts given them as with Jane E. Brody, and now with Donald G. McNeil, Jr., March 2, 2003, "Botox is giving those with spastic vocal cords back their voices."

It is in need of qualifying and looking into the reality of what Botox does for those with SD, not accepting what they are told by interested parties, in medicine and the drug company Allergan the maker of Botox.

Prefrontal lobotomies lasted for thirty-five years.
Its founder is now not revered though during the years he performed his procedure, honored. Fifty thousand patients underwent that procedure, and Dr. Freeman did perhaps three thousand plus surgeries himself.
The NY Review of Books reviewed his reign in a book addressing just what prefrontal lobotomies did do. It wasn't kind to those undergoing the procedure as was surgery for SD kind to 2/3 of those undergoing that surgical procedure, I am told.
Today, a small cadre of interested medical doctors, ENTs and neurologists address spasmodic dysphonia a medical problem. They have no cures now, nor any times dating back to Traube in 1871, and still do not report a single cure of the condition now.

There are cures of SD but they are not medical cures.
I report ongoing cures of SD covering a span of thirty-five years.
Botox as is known began with one Botox shot in nine months, in 1984, and now is four to ten times or more a year each and every year for life.
The cost of the Botox shot varies but might range somewhat about a thousand, two, three, at times four thousand or other times below a thousand.
A cure of spasmodic dysphonia can kill the golden goose, I am told by interested parties doing Botox for SD.
The medical profession insists there are no cures of SD in the face of ongoing documented cures of SD by natural Direct Voice Rehabilitation of what I do.
The medical profession insists SD is a medical problem, a dystonia, neurological problem, a disease, gene problem, molecular biological problem, an acid reflux problem, a psychiatric problem, and more.
None of its theories report a cure of SD ever.

Cherry picking images of improvement from Botox or surgery…to support the medical view, no cures ever, are in place while cognitive dissonance prevails, as medicine insists SD is a dystonia, neurological problem, gene related, a molecular biological cause, when were it so, I could not change it by non-medical intervention as I do. Cognitive dissonance remain firmly in place as medicine blithely ignores a change of voice quickly to a clear voice in my office in the first consult proves the medical position on SD is remiss.

There is a war on cures of SD by medicine and the maker of Botox, and the American Speech-Language and Hearing Association, too.

Medical hawks for Botox prevail and the public, the media, and those with SD are damned by the rhetoric of the medical profession and the maker of Botox to believe medicine not their ears, eyes, and listen to propaganda that insists cures are not possible because they in medicine and Allergan have no cures ever.

To: Arthur Sulzberger, Sr., & Jr., Bill Keller, etc.

November 6, 2005

How a medical paradigm on Spasmodic Dysphonia (SD), no cures ever of SD, regardless of theories remains in place because it is supported by the insiders, and the cadre doing botox and surgery for SD, and because of the National Spasmodic Dysphonia Association (NSDA). They in medicine have no cures.

The current editor of ASHA *Leader*, the magazine that goes to 116,000 American Speech Language and Hearing Association (ASHA) members is Joanne Jessen. She declines to allow a report on cures of SD into the publications she oversaw, various journals, academic journals, and refuses to report cures of SD in her ASHA *Leader* journal. In writing she corresponds with me telling me I will not be published if I dare to report cures of SD by natural Direct Voice Rehabilitation (DVR).

Jan Ciuccio in 1989 and I exchanged views on SD and cures of SD. She was the director of ASHA ethics.
She insisted I could not report cures of SD in ASHA because she is of the view that all speech pathologists are equal, none better than the other, and reporting cures of SD by me in ASHA makes me unequal because I am the only one reporting cures in ASHA.

The ASHA official position on SD that there are no cures of SD, that SD is a neurological problem, and Botox the treatment of choice remains rubberstamped in ASHA's review of SD, in 2001, by a n independent reviewer appointed by ASHA who rubberstamped that 1994, and who declined to allow me the opportunity to have ASHA report cures of SD. The NSDA influence that was created in 1994 remains firmly in placed. And the NSDA continues to get money from Allergan the maker of Botox. It apparently pays to have Allergan the maker of Botox seek to have its view of SD, no cures, Botox the treatment of choice, and SD a neurological problem in place. Meanwhile, ASHA members have no clue they are run by special interests on its SD position, and ASHA seems to me to be in a possible conflict of interest to its members, the public, the media, and its own principles, that is independent of foreign or special interests, despite what is presidents that serve for a year to continue to assure us all.

As a voice doctor I take the natural road to SD cures.

The *New York Times*, Jayson Blair, and currently Judith Miller reporter who took handouts from the White House as the Holy Grail and the gospel to report there were weapons of mass destruction, including botulinum toxin that can kill a hundred thousand people quickly, to heart and now says that botox is now giving those with spastic vocal cords back their voices, or rather it is not telling us what kind of voices those with botox are getting back time and time and time again.
It has been eleven years before Nick Wade's promise the *New York Times* would get back to me when they did another SD story, and he and the *New York Times* failed to do so, simply asserting without investigating, Botox is giving those with spastic vocal cords back their voices.

The coverage of SD is thought of rare condition, a disease. I disagree. I do not find SD to be a disease or neurological or dystonia problem, or rare.

The headline might be:
Cures of SD naturally
versus
the botox voice and all of medicine

The *New York Times* is hooked on hyping Botox and surgery and medical voice care for SD. But SD is not a medical problem. And is

botox the salvation for the *New York Times* in 1992, and 2003
balanced reporting on SD?

MORTON COOPER, PH.D.
A Speech Pathology Corporation

VOICE REHABILITATION
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November 8, 2005

Mr. Arthur Ochs Sulzberger
Chairman Emeritus
The *New York Times*
229 West 43rd Street
New York, NY 10038

Mr. Sulzberger,

Dot Sowerby a case in point. Barely audible, terribly unintelligible on the phone, taking ongoing Botox shots for her SD, as president of the National Spasmodic Dysphonia Association (NSDA) assuring all Coping is the way to go.

David Barton reports in *The Voice Gallery* by Keath Fraser, 2002 on page 57, and I paraphrase the quote Mr. Barton gave to Fraser interviewing Barton, that of 17 Botox shots for Mr. Barton's spasmodic dysphonia, only one or two were satisfactory.

Mr. Barton is President and International Communications Director of the NSDA, which is basically funded by Allergan the maker of Botox. On the NSDA's bulletin board on December 30, 2006 Mr. Barton places a link to one of his postings which states "…At the date of this rebuttal I have had 47 Botox shots in a 15-year period, and every single one has significantly and successfully relieved the symptoms of my Adductor spasmodic dypshonia."

Keath Fraser an author who wrote of Botox for SD, The Voice Gallery gave up Botox after years of trying Botox for his SD.
The list goes on and on and on for those who tell of Botox failing to help their SD, 99% effective.
The NY Times, blithely and wholeheartedly endorses Botox for SD, March 2, 2003, front page by Donald G. McNeil, Jr., “Botox is giving those with spastic vocal cords back their voices.”
No source given, false documentation represented.
Botox is not curative says the maker of Botox, Allergan.
Coping is honored, by all the medical profession. Curing of SD demonized and dishonored.
Coping requires four to ten Botox shots a year or more, each and every year for life. It is an ongoing roller coaster ride in and out of voice and back out again.
It may cost about one thousand, two thousand three or four thousand depending on location and doctor. The dosage is not precise though assured by an NSDA video. The NSDA gets funding from Allergan, the maker of Botox.
Dr. Michael Rolnick an honored NSDA member and of ASHA, narrates the NSDA video.

And the downside effects prove that Botox is ineffective for numbers of patients with SD, untold. It is an honor system that doctors report their outcomes, and finding the patients and doctors are on different pages from the Botox shot given them, the patients giving up Botox, the doctors hurrying.
Ric Johnson President of NSDA 1994 to 1996 reported publicly that anyone reporting cures of SD is unethical.
I report ongoing cures.

The NY Times loves coping, not curing SD.
“Botox is giving those with spastic vocal cords back their voices,”
March 2, 2003, front page Sunday edition.
No sourcing, no documentation.

Jane E. Brody, its health writer in March 11, 1992 wrote of the joys of Botox and surgery for SD by medical care. Surgery has left 2/3 worse off after surgery than before in 1994 (ASHA SD website).

Most cordially,
Mort Cooper
Morton Cooper, Ph.D.

Enclosures

cc: Mr. Arthur Sulzberger, Jr.
Mr. Bill Keller
Mr. Nick Wade
Ms. Jane E. Brody
Ms. Cornelia Dean
Mr. Roger Ailes
Mr. David Corcoran

MORTON COOPER, PH.D.
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November 15, 2005

Mr. Arthur Ochs Sulzberger
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The *New York Times*
229 West 43rd Street
New York, NY 10038

RE: One lone doctor with cures
of Spasmodic Dysphonia (SD)
versus all of medicine and the
Botox voice, no cures.

Mr. Sulzberger,

David Corcoran, Assistant Editor of the Science Times tells me he doesn’t find anything correctable about the quote “Botox is giving those with spastic vocal cords back their voices,” (March 2, 2003, front page Sunday Edition of the *New York Times*). It is passing as far as he can tell and accurate. Perhaps he might go back and review Jane E. Brody’s March 11, 1992 report on spasmodic dysphonia and spastic vocal cords, too. She reported that Botox and surgery were the two stars of medical SD voice care.

That was in March11, 1992.

It turns out that in 1994, the American Speech-Language and Hearing Association characterizes surgery as leaving 2/3 worse off after THAT surgery than before for their SD.

Additionally, Brody didn’t report that Mitchell F. Brin, the medical source for her column was omitting the fact that Dr. Brin on March 10, 1991 at 3pm, a year earlier had said before hundreds of people, doctors, speech pathologists and SD patients who had had Botox for their SD condition, hear Brin say, he wanted to withdraw Botox at the earliest possible time fearing the long term downside effects on the body, adding for those who questioned what they would do with their SD, there were other drugs around, too. (Irvine, California, at an Allergan sponsored meeting. The video of that meeting was never made available as promised.)

I admire you Mr. Corcoran. As far as I can tell, you have no idea about the fallout of the Botox voice.

You try valiantly to put a good face on a bad situation telling me and the *New York Times* that as far as you can tell, when what you say about Botox is subjective, not clinical, or realistic because you are defending Donald G. McNeil, Jr. unsourced, undocumented statement, "Botox is giving those with spastic vocal cords back their voices." The statement is inaccurate.

I have asked Mr. McNeil to source his statement.

McNeil Jr., backed up that statement with a pointless, irrelevant and totally inappropriate statement from a study in 2002 that has nothing to do with Botox giving those with spastic vocal cords back their voices. You find no correctable error. Let me provide back up for my faulting your defense of the March 2, 2003 statement.

I have encountered SD patients who have had 1, 3, 5,10, 20, 30, 40, 50 shots without getting a normal voice and sometimes losing their voice. Patients tell a litany of trying Botox shots, once a month with never a return of any voice; some having had 10 shots, and no normal voice to speak of; another 20 Botox shots and no normal voice to talk with. An SD patient tried 17 Botox shots, 16 failed to return a voice, over 4 years. Another tried 45 Botox shots over 15 years and had only a whisper voice from Botox. Asked why she didn't stop, "my doctor told me to continue." Another SD patient had 50 Botox shots and still no voice to speak with. He gave up on his own. Keath Fraser, author of *The Voice Gallery* tried a number of Botox shots for years. He gave up. He reports others trying Botox shots find limited results though they may undergo many shots. Some may get some relief on one of many shots, and others no relief and no normal voice found. Botox is extensively iffy in outcome. Tom had 46 shots over a period of eight years. Not one of those shots gave him any relief. A young lady had a Botox SD shot and reported to her ENT specialist that her hair was falling out, rashes on her body, and that her lip now had a tremor. The ENT assured her it wasn't from the Botox shot but from the dystonia. The Reverend Sellers had one Botox shot only to lose his voice for six months. Others tell of losing their voices for weeks and months. Botox shots are well intentioned, humanitarian and compassionate in seeking to help SD patients and other voice problem, but…

A well-known ENT doctor who reports how successful Botox is for his SD patients leaves out his notable failures. Another ENT is quoted in national news as praising his SD successes, ignoring a failed case after two Botox shots left his SD patient with bowed vocal cords, and no voice, only a bare whisper.

A spasmodic dysphonic patient underwent a surgical procedure for SD only to find she was left with a whisper for a voice. She reports her doctors told her, her vocal cords came together on the vowel "e" ninety to one hundred percent of the time. But when talking, she had no voice to speak with. And on other vowels her vocal cords were not functioning normally. It appears to suggest the patient talk only on "e" vowels? The definition of "success" leaves the patient and the outcome in question. The surgeon's definition of "success" may impress other physicians, but does it make sense to the patient? Meanwhile other SD patients who underwent surgery tell of the loss or serious impairment of their voices on the Internet and elsewhere. Doctors do not basically report their failures. A famed ENT, when asked about his successes with a new surgical procedure described in a medical journal, told his audience all the successes failed, but assured them, you do not report your failures.

Doctors report their successes, not their failures, it seems. And they report on the "honor system." That may mean there is no check on their successes. And their failures. What is real?

You and your colleagues at the *New York Times* are misleading and misstating and it misinforming those with SD, and the media and the public on Botox and what is giving those with spastic vocal cords.

Is Brody's endorsement in 1992 of surgery been a correctable error, a glaring blaring correctable error too? The *New York Times* has not seen fit to correct the surgery for SD. The Botox blatant infomercial ad for Botox for SD, too.

I read the SD literature and know it.

I know the outcomes of Botox well and hear from those Botoxed who email, write, call and or become patients of mine, who have been Botoxed and they aren't of the view you at the *New York Times* are, "Botox is giving those with spastic vocal cords back their voices." Not so.

Botox is giving SD patients a roller coaster ride, in and out of voice, and the time between the loss of voice and return is far from what the medical profession would have you or the public or those with SD know, and when they try the Botox voice, they find out what you say is not true, if those emailing me, writing, calling and becoming my patients is meaningful to you.

You are subjective, and take the handouts of the drug industry, Allergan, the cadre of which Dr. Mitchell F. Brin is part of, a small minor number of the fourteen thousand three hundred ENTs in practice.

Roger Ailes the Chief of Fox News personally approved my appearance on Fox News letting me present SD cases Botoxed that didn't find Botox doing what you at the *New York Times* assure the world on your front page March 2, 2003, doing, "Botox is giving those with spastic vocal cords back their voices."

Now I add more names and stories to the list of those not finding Botox giving them back their voices.

And a DVD, too, and two pages of cures of SD, too. Please note Brody in March 11, 1992, Mitchell F. Brin tells us there are no cures of SD. I report cures of SD at medical meetings, the American Speech-Language and Hearing Association, for years too, and the Pacific Voice Conference, too, a medical meeting catering to ENTs, and neurologists, and speech pathologists, reporting on lasting cures in 1998, documented and proven SD.

You don't have the mind to interview me about what Botox is doing, and investigate SD patients who have tried Botox too and don't find your front page now 2003, as in 1992, what Brody and in 1992, and McNeil, Jr. in 2003 tell us about Botox, and Brody then, surgery as correctable errors.

Correctable error of Botox?

Absolutely.

Of surgery doing what SD patients need do, and finding it leaves 2/3 worse off after then before the surgery.

Correctable error.

And you have no mind to correct the errors you present for medical SD voice care then in 1992, or now 2003.

You, the newspaper that tell all of us, you print only the news fit to print, and expect the world.

Whose world? Those who have an agenda to pursue, a priority to present, a statement that isn't true, and you take it from the best of and brightest and most compassionate doctor Mitchell F. Brin, neurologist and the medical field that serves itself, and its paradigm that is not true: no cures of SD.

There are cures of SD.

Enclosed are cures of SD sent to 14,300 ENTs.

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

Enclosures

cc: Mr. Arthur Sulzberger, Jr.
Mr. Roger Ailes
Mr. Bill Keller
Mr. Nick Wade
Ms. Jane E. Brody
Ms. Cornelia Dean
Mr. David Corcoran

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February 2, 2006

Mr. Bill Keller
Executive Editor
The *New York Times*
229 West 43rd Street
New York, NY 10038

RE: Cures of Spasmodic Dysphonia
is a dirty word.

Mr. Keller,

On Wednesday January 11, 2006 you ran a story, which I include titled "Drug Makers Scrutinized Over Grants" on your front page Business Day section.

Your March 2, 2003 statement "Botox is giving those with spastic vocal cords back their voices," appears to me to fall under the games drug companies play with their products such as Botox.

The statement that you ran on the Sunday edition March 2, 2003 is blather and babble. You have run stories about James Frey and his fiction about his life and you're running fiction about the Botox voice on the front page of your newspaper.

You remain in love with the medical SD paradigm: hopelessness for SD. When will you report cures of SD by me and Direct Voice Rehabilitation?

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

cc: Mr. Arthur Sulzberger, Sr.
Mr. Arthur Sulzberger, Jr.
Mr. Roger Ailes
Mr. Nick Wade
Ms. Jane E. Brody
Ms. Cornelia Dean
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February 16, 2006

Mr. Bill Keller
Executive Editor
The *New York Times*
229 West 43rd Street
New York, NY 10038

Mr. Keller,

Your reporter, Gretchen Morgenson on February 12, 2006 reveals that there is turmoil concerning leading pharmaceutical companies and generic drug makers and the trials they perform from the SFBC.

The March 2, 2003 statement on the front page of the *New York Times*, “Botox is giving those with spastic vocal cords back their voices,” might be a concern of yours were you to look into who is sourcing that statement and the documentation for it.

"If we can't cure you at least we'll awe you with modern medical technology."

I've sent you a DVD of those who've been cured of SD. The number of cures would bore those hearing ongoing cures.

If you would look at my website you will see that Ron Steger had five Botox shots, diagnosed at the Mayo Clinic and treated elsewhere, and no help for his voice. Within a week he got his voice by my DVR and has been cured of his SD. He is on the DVD.

I had 15 cures alone of patients diagnosed by ENTs affiliated with UCLA Medical Center or on the staff and faculty.

I published cures of SD in 1980 in the *International Association of Logopedics and Phoniatry,* peer review.

I've presented cures at ASHA, the American Speech-Language and Hearing Association in 1974, 1979, 1980 and 2000.

Both you and I are interested in helping those with SD. I have been reporting cures of SD for thirty-five years. Documented cures. Lasting cures. It would be nice if you would help me get across to those with SD there is hope for hopeless voices called Spasmodic Dysphonia by all natural DVR.

Most cordially,

Mort Cooper

Dr. Cooper

MC/aa

Enclosure

cc: Mr. Arthur Sulzberger, Sr.
Mr. Arthur Sulzberger, Jr.
Mr. Roger Ailes
Mr. Nick Wade
Ms. Jane E. Brody
Ms. Cornelia Dean
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May 15, 2006

Mr. Arthur Ochs Sulzberger
Chairman Emeritus
The *New York Times*
229 West 43rd Street
New York, NY 10038

Mr. Sulzberger,

A.M. Rosenthal was remembered for his epitaph to read "He kept the paper straight." Mr. Kristof notes, "Abe fought to cure our blind spots, and it worked."

The *New York Times* has a terrible blind spot involved on the cause and treatment of Spasmodic Dysphonia. I have sent you a DVD and print out of cures of Spasmodic Dysphonia by Direct Voice Rehabilitation. You decline to comment or acknowledge that there are cures of Spasmodic Dysphonia and remain blind sighted by Allergan the maker of Botox and the medical profession which guarantees there are no cures of Spasmodic Dysphonia.

One question: when will you at the *New York Times* allow yourself to see and acknowledge cures of Spasmodic Dysphonia, non-medically?

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

cc: Mr. Arthur Sulzberger, Jr.
Mr. Roger Ailes
Mr. Bill Keller
Mr. Nick Wade
Ms. Jane E. Brody
Ms. Cornelia Dean
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May 25, 2006

Mr. Arthur Ochs Sulzberger
Chairman Emeritus
The *New York Times*
229 West 43rd Street
New York, NY 10038

Mr. Sulzberger,

An FBI agent whom I've known for years from the YMCA where I work out tells me yesterday that he got $12,500 because of seeing a fake MD by the name of Barnes. Barnes has been in and out of prison for masquerading as an MD, which he is not. I understand you at the *New York Times* and other prestigious organizations employed Dr. Barnes. We all make mistakes.

Your position on Spasmodic Dysphonia (SD) is similar to Dr. Barnes and his fakery. SD is curable. You investigate corruption in Iraq, you investigate all kinds of activities but you do not investigate how the National Spasmodic Dysphonia Association (NSDA) given a generous grant of money from Allergan the maker of Botox misrepresents the true story on SD. There are cures of SD, there have been cures for thirty-five years. I am sorry to report that I'm the only doctor reporting cures, documented cures of SD.

When will you investigate cures of SD so you can set the record straight that the *New York Times* is not indulging in fakery as you continue to do so on SD? You got rid of the fake MD.

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

cc: Mr. Arthur Sulzberger, Jr.
Mr. Roger Ailes
Mr. Bill Keller
Mr. Nick Wade
Ms. Jane E. Brody
Ms. Cornelia Dean
Mr. David Corcoran
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January 7, 2007

Bill Keller
Executive Editor
New York Times
229 West 43rd Street
New York, NY 10038

Mr. Keller,

The *New York Times* has a huge staff of people working for it and I'm of the view that most of them are gifted. On page DC 5 of the Health Section, Tuesday, December 25, 2007, you ran an article by Abigail Zuger, MD. The title of the review of book was, "*The Lure of Treatments Science Has Dismissed*." The review was of the book, *The Truth About Complimentary And Alternative Medicine* by R. Barker Bausell. That book had a black statement above the book, SNAKE OIL SCIENCE. Additionally, the statement was made on page DC5 "an entertaining and educational effort to explain why unorthodox medical treatments are still able and even unlikely to work."

Dr. Abigail Zuger reports "It is, of course, not only research into alternative therapies that is compromised by pitfalls Dr. Bausell describes exactly the same subtle problems bedevils orthodox research, and they are often the source of the contradictory studies and here-today-tomorrow, treatment vogues that drive patients crazy."

You folks at the *New York Times* have wholeheartedly endorsed Botox for spastic vocal cords March 2, 2003, front page *New York Times*. I quote “Botox is giving those with spastic vocal cords back their voices.” The statement is not accurate. In fact, it’s quite inaccurate. I have sent you my book *Curing Hopeless Voices, Spasmodic Dysphonia (The Strangled Voice) and Other Voice Problems With Direct Voice Rehabilitation, An Alternative To Botox*. Botox for Spasmodic Dysphonia (SD) does not give patients back their voices per se. And in fact it never reports a single cure, guaranteed, by Allergan the Botox maker, and the medical profession.

I have been reporting cures of SD for over 35 years. Isn’t it about time that the *New York Times* reviews its position on Botox for SD and its take there are no cures of SD?

Incidentally, you refer to page 8 of the Health Section to follow the remainder part of the article on page 5. The article is on page 7, not page 8. We all make mistakes now and then. You have made a very serious mistake in guaranteeing there are no cures of SD by Jane E. Brody in March 11, 1992, as I have documented ongoing cures of SD, medically diagnosed.

I look forward to your response to this inquiry, when will you be kind enough to review the medical profession’s treatment and cause of SD without being under the influence of those who have failed to cure SD for over 135 years?

Most cordially,

Mort Coop

Morton Cooper, Ph.D.

MC/aa

cc: Mr. Arthur Ochs Sulzberger

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February 15, 2007

Bill Keller
Executive Editor
The *New York Times*
229 West 43rd Street
New York, NY 10038

Mr. Keller,

To Jane E. Brody:
Her recent column headed, Knowing what the Doctor is talking about, might be headed, Knowing what Jane E. Brody is talking about.
Ask questions. Brody apparently doesn't follow her own advise, and didn't about the full disclosure about medical Spasmodic Dysphonia (SD) care, Botox and surgery for SD.
Brody remains boxed in her cocoon, with the NY Times hiding there with her, dead to the world that there are cures of SD, but not medically.
The Science Times of the NY Times is oriented to medical care only. It runs medical columns on and on under its current Science Times editor, Cory Dean. It is deaf, and mindless about a non-medical approach to SD that reports ongoing cures of SD for thirty-five years. Its Science Times section is devoted and dedicated to Doom, Doom, and more Doom for SD.

Then in March 2, 2003, again thru the Science Times section, it ran a front page story on SD, "Botox is giving those with spastic vocal cords back their voices."

Plain baloney. And no room for cures of SD again. That front-page story came from the Science Times section of the NY Times.

The quote was defended by David Corcoran, Assistant Editor of the Science Times by responding to my inquiry about "Botox is giving those with spastic vocal cords back their voices."

David Corcoran said in writing to me the quote is passing, PASSING, and he adds, "as far as I can tell" of that quote on the front page of the NY Times.

He, Corcoran knows as much about the outcome of Botox for SD, as far as I can tell, as the man in the moon.

Is there no awareness, no conscience, no hope that the Science Times will open its collective minds, and that of the NY Times, too, in the next hundred years or so?

I have sent you all at the NY Times, a new book Curing Hopeless Voices called the Strangled Voice (Spasmodic Dysphonia) and Other Voice Problems, with two pages of documented cures of SD, and my bibliography. Additionally, you have all received a DVD of cures of Spasmodic Dysphonia.

The book and DVD say simply and directly, there are documented cures of SD, at the top medical centers diagnosing SD as SD time and again, and I help cure the condition by all natural Direct Voice Rehabilitation.

You decline to interview me, or investigate my cures of SD.

And you call yourselves proud practitioners of printing "all the news fit to print."

A travesty? A farce? A circus?

Have you at the NY Times, and its Science Times section, no sense of decency?

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

cc: Mr. Arthur Ochs Sulzberger
Mr. Arthur Sulzberger, Jr.
Mr. Roger Ailes
Mr. Bill Keller
Mr. Nick Wade
Ms. Jill Abramson
Ms. Cornelia Dean
Mr. David Corcoran
Lawrence K. Altman, M.D.
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Ms. Jane E. Brody

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January 24, 2008

Bill Keller
Executive Editor
The *New York Times*
229 West 43rd Street
New York, NY 10038

RE: Cures of incurable SD. All the
the news not fit to print in the *New
York Times.*

Mr. Keller,

In the Health Section, January 23, D5, of the *New York Times*, you ran a story, “Cancer Data? Sorry, Can’t Have It.” The story is quite telling about the games played with drug statistics and outcomes. Your newspaper fits right into the cover-up of the story that you ran by Andrew Vickers. You fail to provide information to those suffering SD based on information provided to you by a one-sided clique of medical doctors rather than allow an open and objective view of the outcome of “Botox is giving those with spastic vocal cords back their voices.” This quote is as you know and as I have reported time and again for your review is not clinically accurate from my experience. You decline to allow me to be interviewed by the *New York Times,* you decline to investigate my reports of cures of SD and you claim ongoing with your blurbs that you print “all the news that is fit to print.” I gather cures of a hopeless condition called SD is not fit to print in the *New York Times*. And additionally I gather you are not interested in the fallout of Botox for SD patients and feature on March 2, 2003 in the *New York Times* front page Sunday edition, “Botox is giving those with spastic vocal cords back their voices.” It isn’t so.

What is wrong with you people at the *New York Times*?

Most cordially,
Mort Cooper
Morton Cooper, Ph.D.

MC/aa

cc: Mr. Arthur Ochs Sulzberger
Mr. Arthur Sulzberger, Jr.
Jane E. Brody
Mr. Nick Wade
Ms. Cornelia Dean
Mr. David Corcoran
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September 22, 2008

Arthur O. Sulzberger
Chairman Emeritus
The *New York Times*
229 West 43rd Street
New York, NY 10036

In this morning's *New York Times*, September 18, 2008, you ran on the Editorial page, a take on "Two More Blockbusters Fall Short." It refers to drug companies that hype their drugs but aren't tested against older versions but with "vigorous marketing campaigns make them best sellers."

Have you folks at the *New York Times* ever considered the fact that Allergan Botox for Spasmodic Dysphonia (SD) is marketed vigorously and made best sellers as with the two more blockbusters that fall short that you're critical of?

The front page March 2, 2003 of the *New York Times*, Sunday, "Botox is giving those with spastic vocal cords back their voices." I've written about this inappropriate statement by the New York Times. It is not documented and it is misleading and inappropriate.

You folks at the New York Times also decline to face the reality that SD is cured by all-natural Direct Voice Rehabilitation (DVR). I now have about fifty cures of SD covering 35 years with peer-review back in 1980 in the *International Association of Logopedics and Phoniatrics.*

I am presenting cures of SD at UC San Francisco October 17, 2008. I'm on their program for approximately one hour and thirty-nine minutes. Wouldn't it be nice to have a *New York Times* reporter, a stringer there to hear me report at a top medical center cures of all types of SD for over 35 years as my title with actual patients who were cured diagnosed by UC San Francisco doctors and more?

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

cc: Mr. Bill Keller
Mr. Arthur Sulzberger, Jr.
Ms. Jane E. Brody
Mr. Nick Wade
Ms. Cornelia Dean
Mr. David Corcoran
Lawrence K. Altman, M.D.
Abigail Zuger, M.D.
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October 10, 2008

Mr. Arthur O. Sulzberger
Chairman Emeritus
The New York Times
229 West 43rd Street
New York, NY 10036

Mr. Sulzberger,

You got it wrong with Jason Blair, and Harold Raines and Gerald Boyd, Executive Editor and friend, and the Judith Miller lady, on Iraq and you got it wrong on SD, the cause and the treatment, too.
SD isn't neurological. It is simply a wrong used voice and has an excellent prognosis for a cure by Direct Voice Rehabilitation. Medical theories have failed to help cure SD. Those theories include SD is neurological, a dystonia, a basal ganglia problem dysfunction, a chemical imbalance in the brain, a gene related dysfunction, a disease, a molecular biological disorder, a psychiatric problem, and more, but not one single cure exists from the theorizing, while One lone doctor, Dr. Mort Cooper reports ongoing cures for over thirty-five years. The SD is diagnosed by the best ENTs neurologists and academicians in the world, and Dr. Mort Cooper helps cure these SD cases, and has peer review too.

Of those who tried Botox for their SD, perhaps you might find it of interest to know that the top mucky muckies associated with the basically funded NSDA have given up Botox for their SD, such as

Peggy, who had twenty Botox shots, and gave up Botox for her SD, and Dot Sowerby the recent President of the Allergan funded NSDA resigned and gave up Botox for her long Botox SD shots. And Keath Fraser who wrote the book about Botox for SD titled, The Voice Gallery, reports at the close of the book, he gave up Botox for his SD (twenty Botox shots, as did Peggy Akin, twenty Botox shots, too, and David Barton the new President of the NSDA has reported in a statement in Fraser's 2002 book about Barton's own Botox SD shots I source as it is reported in Fraser's Voice Gallery: "one or two Botox shots of 17 satisfactory." On the NSDA's bulletin board on December 30, 2006 Mr. Barton places a link to one of his postings which states "…At the date of this rebuttal I have had 47 Botox shots in a 15-year period, and every single one has significantly and successfully relieved the symptoms of my Adductor spasmodic dysphonia."

Meanwhile, you at the New York Times report front page, March 2, 2003, that "Botox is giving those with spastic vocal cords back their voices."

Are you aware that Mitchell F. Brin who brought Botox to those with SD said at an Allergan sponsored meting in Irvine in 1991, he wanted to withdraw Botox in favor of another substance fearing the long-term downside effects on the body. Recently Dr. Mitchell F. Brin contacted by Advance, a journal for speech pathologists called Dr. Brin at his office to find out Dr. Brin acknowledged he made that statement, but says it is dated now thru a nurse of a secretary, and now is on the Allergan Botox drug company payroll as the Vice-President of Development.

Again, I invite you to join with me at the UC San Francisco meeting October 17, 2008 to hear me report on cures of SD, all types, covering thirty-five years. For your review and consideration, I include a two-hour DVD of documented SD cases cured of SD by my program of Direct Voice Rehabilitation. And again I provide you with *Curing Hopeless Voices, the Strangled Voice (Spasmodic Dysphonia) and &*

Other Hopeless Voices by Direct Voice Rehabilitation, an Alternative to Botox, and the false presentation by the American Speech-Language and Hearing Association that banned my cure from its advertising, free copy to anyone, and I explain the false charges made to ban intellectual discussion on how I help cure SD and how this association is run by the NSDA funded basically by Allergan the Botox maker.

Most cordially,
Mort Cooper
Morton Cooper, Ph.D.

MC/aa
Enclosures

cc: Mr. Bill Keller
Mr. Arthur Sulzberger, Jr.
Ms. Jane E. Brody
Mr. Nick Wade
Ms. Cornelia Dean
Mr. David Corcoran
Lawrence K. Altman, M.D.
Abigail Zuger, M.D.
Donald G. McNeil, Jr.

PS. In the past you have each received a copy of my 2 hr. DVD on cures of Spasmodic Dysphonia by Direct Voice Rehabilitation.

MORTON COOPER, PH.D.
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ATTN: New York Times*: Are you in favor of banning cures of spasmodic dysphonia?*

November 24, 2008

Ms. Pam Leppin
ASHA Advertising Sales Director
2200 Research Boulevard
Rockville, MD 20850-3289

Ms. Leppin,

You have indicated in writing to me that I guarantee cures of SD. You maintain this position therefore banning me and my ads in ASHA publications. If you have documentation to support your position that I guarantee cures of SD please present them to me. I do not guarantee anything. One of the members of the NSDA brought that charge – that I guarantee or imply a guarantee of SD, cures – and lost in ASHA ethics. Again, if you have documentation of supporting your position that I guarantee cures present it now to me or rescind your ban on ASHA ads for the book *Curing Hopeless Voices, the Strangled Voice (Spasmodic Dysphonia) & Other Hopeless Voices with Direct Voice Rehabilitation an Alternative to Botox.*

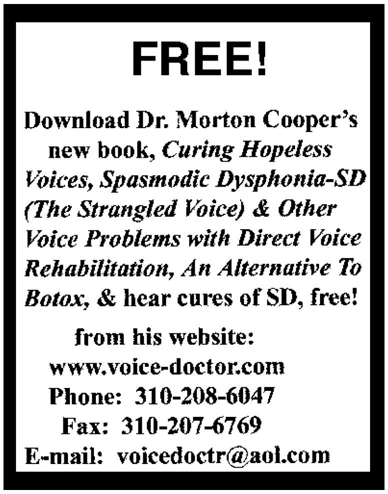
I hope we can resolve this issue amicably so that I can advertise in ASHA publications.

BANNED!

The American Speech-Language and Hearing Association (ASHA), denies they have any tie formally or informally with the National Spasmodic Dysphonia Association (NSDA) basically funded by Allergan the maker of Botox. On pages 111-117 of this book we document the tie between ASHA and the NSDA dating back to 1994. Diane Paul-Brown, Ph.D., Director of Clinical Issues, Speech-Language Pathology at ASHA has emailed Dr. Cooper stating, “ASHA has no alliance with Allergen or the NSDA.” On Wednesday October 17, 2001, she emails Dr. Cooper saying, “ASHA has neither a formal or informal alliance with Allergan or the NSDA.”

Dr. Cooper’s attempt to advertise *Curing Hopeless Voices, The Strangled Voice (Spasmodic Dysphonia) & Other Voice Problems with Direct Voice Rehabilitation, an Alternative to Botox* to those interested in cures of Spasmodic Dysphonia (SD) all naturally by Dr. Cooper’s Direct Voice Rehabilitation (DVR) covering more than thirty-five years is banned by ASHA’s advertising division on the basis that Dr. Cooper guarantees cures of SD. Dr. Cooper doesn’t guarantee anything. ASHA’s advertising director falsely states that Dr. Cooper guarantees cures and is in violation of ASHA ethics doing so and therefore bans any ads in ASHA publications. Ironically ASHA guarantees there are no cures of SD in writing. Read this book!

BANNED!



FREE!

Download Dr. Morton Cooper's new book, *Curing Hopeless Voices, Spasmodic Dysphonia-SD (The Strangled Voice) & Other Voice Problems with Direct Voice Rehabilitation, An Alternative To Botox,* & hear cures of SD, free!

from his website:
www.voice-doctor.com
Phone: 310-208-6047
Fax: 310-207-6769
E-mail: voicedoctr@aol.com

Curing Hopeless Voices, The Strangled Voice (Spasmodic Dysphonia) & Other Voice Problems With Direct Voice Rehabilitation, An Alternative to Botox, Page IX

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

cc Ron Litz, Attorney

MORTON COOPER, PH.D.
A Speech Pathology Corporation

VOICE REHABILITATION
SPEECH AND LANGUAGE THERAPY

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November 26, 2008

Bill Keller
Executive Editor
New York Times
229 West 43rd Street
New York, NY 10038

RE: Do you favor banning a book reporting ongoing cures of Spasmodic Dysphonia?

Mr. Keller,

<u>Cure is a Dirty Word</u>

I published the following statement in an ad in the California Speech-Language-Hearing Association Magazine in January/February 2002. “The medical profession, the American Speech-Language-Hearing Association (ASHA), and the National SD Association (NSDA) guarantee that SD is incurable.”

Within all official medical circles, SD is considered incurable: That position is taken by all major non-profit associations in the field of laryngology and my field of speech pathology. The California Speech-Language-Hearing Association (CSHA) banned my ads that reported cures of SD because I dared to challenge the prevailing view that SD is an incurable dystonia.

Because I voiced a position and paradigm that ran counter to the medical paradigm, Lisa Cabiale O’Connor, the President of CSHA, cancelled my contract for ongoing ads and point blank wrote that “*The message we have tried to send is this-- we will not place ads that are* *written challenging other people or putting down their work on the same disorder* …" Those individuals I challenge are guaranteeing there are no cures for SD.

O'Connor further stated in writing that she had one secret letter, and three additional calls, upon which she based her cancellation of my written contract. She banned further ads because of "four disgruntled members" whom she did not want to lose because it would diminish the number of members in CSHA from approximately 5500 by four members.

In writing I asked O'Connor who the four disgruntled members were, what they said, and could I see the secret letter privy to only O'Connor, as it was that letter apparently upon which she based her cancellation of my contract. Her response was that the secret letter was privy only to her and that it was a personal letter, though she made a professional announcement on behalf of CSHA as its President on a personal private letter to her alone.

President O'Connor meanwhile notes on May 25, 2002, "In short, the ad needs to focus on the product you are selling which appears to me to be unique and, for many, an effective way to address a particular voice problem." However, cures are demonized. I'm selling a new paradigm and she doesn't like it. I can use the word "effective" but not cures. Effective doesn't trouble the medical-drug establishment. Cures do.

Itemizing a litany of excuses, Lisa Cabiale O'Connor, insists that my clinical findings don't meet her standards required for product claims—the same complaint echoed by Christy Ludlow, Ph.D., with the National Institutes of Health. Yet physicians using Botox—and professional associations supporting its use—have no problem to disseminating the results of treatment 99% effective and 99% safe, making claims that are <u>neither supported by scientific fact nor confirmed by clinical examination</u>. Calling Botox treatments “effective” satisfies the current CSHA leadership, ignoring the basic questions that should ask effective for what and for whom? Botox shots for SD are a lifetime annuity and full employment act for those kind enough to be providing this service.

Yet, I continue to offer compelling before-and-after clinical case studies and testimonials, attesting to dramatic cures by DVR of SD. In 2001, in *ASHA Leader*, a news journal that goes to approximately116, 000 plus members of speech pathologists and audiologists ran a report by a Dr. Stephen McFarlane in which he said that SD is incurable, SD is a dystonia, and Botox is the treatment of choice. I responded in the CSHA Magazine that SD is curable, presented a number of cures of SD including cures of SD patients involving the top medical centers and top medical doctors in the country, underscoring the fact that SD is not a dystonia, but is a dysphonia. I did not oppose Botox as a treatment for SD but presented the view that Botox is <u>one</u> of the treatments, not the only treatment for SD and that patients with SD deserved a choice of treatment that allows them to look to a possible cure of SD rather than a lifetime pattern of Botox for life.

While local, statewide and national organizations are committed to opposing non-medical cures of SD, patients and speech pathologists are unable to get satisfactory information about the success of DVR in curing the strangled voice and other hopeless voice problems including papillomatosis, unilateral cord paralysis, bowed vocal cords, etc. Maintaining the illusion that SD is incurable perpetuates an industry of medical and non-medical practitioners and drug makers committed to the strangled voice as a chronic disorder. No medical paradigm or association of like-minded practitioners should deliberately block access to exciting discoveries and breakthroughs in treatment for the strangled voice or other so-called hopeless voice disorders.

Is Spasmodic Dysphonia really Spasmodic Dysphonia (SD)? Or is SD Muscle Tension Disorder (MTD)? When I achieve cures of SD, suddenly the medically diagnosed SD is not

SD. The top ENTs and neurologists at UCLA Medical Center, Mayo Clinic, Cedars Sinai, USC, Scripps, Vanderbilt, etc., and ENTs in private practice have diagnosed the SD cases I have seen and helped to a cure or recovery. If all these elite physicians are deemed incompetent to diagnose SD as SD, something is very wrong.

*Pages 75-78, *Curing Hopeless Voices The Strangled Voice (Spasmodic Dysphonia) & Other Voice Problems with Direct Voice Rehabilitation An Alternative To Botox* by Dr. Morton Cooper and Dr. John M. Curtis.

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

cc: Mr. Arthur Ochs Sulzberger
Mr. Arthur Sulzberger, Jr.
Jane E. Brody
Mr. Nick Wade
Ms. Cornelia Dean
Mr. David Corcoran
Lawrence K. Altman, M.D.
Abigail Zuger, M.D.
Donald G. McNeil, Jr.

MORTON COOPER, PH.D.
A Speech Pathology Corporation

VOICE REHABILITATION
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December 9, 2008

Mr. Andrew Rosenthal
Editorial Page Editor
The New York Times
229 West 43rd Street
New York, NY 10036

Mr. Rosenthal,

Would you be interested in writing about how a premier speech and language association called the American Speech-Language and Hearing Association (ASHA) bans cures of incurable voices on not only frivolous grounds but on false grounds as well?

Enclosed are two letters to your Executive Editor Bill Keller, one on November 24, 2008 on the other on November 26, 2008.

I would appreciate your help in bringing to public attention that two outstanding premier speech pathology organizations bans cures as with *Curing Hopeless Voices the Strangled Voice (Spasmodic Dysphonia) & Other Voice Problems With Direct Voice Rehabilitation An Alternative to Botox* by me and Dr. John Curtis my co-author.

Most cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa
Enclosures

MORTON COOPER, PH.D.
A Speech Pathology Corporation

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April 22, 2009

Natasha Singer
Staff Writer
New York Times
620 Eighth Avenue
New York, NY 10018

Ms. Singer,

Our article on Sunday April 12, 2009 titled “So Botox Isn’t Just Skin Deep” regarding the treatment of strangled voices called Spasmodic Dysphonia (SD) does not report cures of the condition by all natural Direct Voice Rehabilitation (DVR). I’m Dr. Mort Cooper and I’ve been reporting cures of the so-called hopeless voice problem for over 35 years. I have peer review. Perhaps you might let patients suffering with this condition know there is a choice of treatment other than Botox for SD for life?

Most Cordially,

Mort Cooper

Morton Cooper, Ph.D.

MC/aa

MORTON COOPER, PH.D.
A Speech Pathology Corporation

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April 22, 2009

Mr. Bill Keller
Executive Editor
620 Eighth Avenue
New York, NY 10018

Mr. Keller,

The *New York Times* ran an article titled “So Botox Isn’t Just Skin Deep Sunday April 12, 2009, Sunday Business Section. You continue to remain in denial that there are cures of Spasmodic Dysphonia (SD) by Direct Voice Rehabilitation (DVR), what I do all-naturally. On October 18, 2008 I reported at UC San Francisco Cures of SD covering 35 years all-naturally. I have peer-review dating back to 1980. Perhaps patients with SD might be given the choice of treatment other than Botox for their SD for life? Perhaps you might like to run these inquiries for the Letters to the Editor, Mr. Keller.

Most cordially,

Mort Cooper

Mort Cooper, Ph.D.

MC/aa

cc: Mr. Arthur Sulzberger, Sr.

Mr. Arthur Sulzberger, Jr.
Mr. Nick Wade
Ms. Jane E. Brody
Ms. Cornelia Dean
Mr. David Corcoran
Lawrence K. Altman, M.D.
Donald G. McNeil, Jr.
Abigail Zuger, M.D.

F.D.A. Orders Warning Label for Botox and Rivals

By Natasha Singer

May 1, 2009, New *York Times*, Business Section, Page B2, excerpts.

Botox and other similar anti-wrinkle drugs must now carry the most stringent kind of warning label, the Food and Drug Administration said Thursday.

The F.D.A. issued that order the day after the agency approved a new drug, Dysport, that is expected to be the first real challenger to Botox in the United States. Like Botox, Dysport is an injectable drug derived from the paralytic agent botulinum toxin.

The F.D.A. said such drugs must carry warning labels explaining that the material has the potential to spread from the injection site to distant parts of the body—with the risk of serious difficulties, like problems with swallowing or breathing.

Requiring a drug to carry a box with bold-face risk information—is one of the stronger safety actions the F.D.A. can take. Black boxes are typically reserved for medications known to have serious or life-threatening risks. Antidepressants, for example, carry black boxes warning of the increased danger of suicidal thought and actions.

The F.D.A. said it would also require makers of injectable toxins to send doctors letters warning of their risks and to produce a medication guide to be given to patients at the time of injection.

So Botox Isn't Just Skin Deep

By Natasha Singer

April 12, 2009, *New York Times, Business Section, Page 1 & 10, (excerpt from page 10)*

Of treating Stuttering with Botox, Dr. Mitchell Brin, the Vice-President of Development for Allergan the Botox drug maker says, "Stuttering is too complicated…it didn't pan out."